

Fashions



THIRTEEN PAGE



Household



Problems

Sister Mary's KITCHEN

A few moments thought expended in calculation based on the knowledge of the appetites and tastes of those to be served makes it possible to provide just enough.

In a family where left-overs are not tolerated this accurate provision of food should be worked out most judiciously, otherwise there is danger of too great frugality, causing under-nourishment.

Menu for Tomorrow

BREAKFAST—Stewed prunes, cooked cereal, hot buttered toast, coffee.

LUNCHEON—Spanish rice, brown bread and butter, glass apples, tea.

DINNER—Pot roast of veal, mashed potatoes, buttered carrots, head lettuce salad, lemon roll, coffee.

My Own Recipes

There is no cereal that is not improved by long cooking, no matter what the directions on the package lead one to believe. If a cooked cereal is served for breakfast it should be started the night before and partially cooked while the dinner dishes are being done. It will finish cooking while the coffee is boiling in the morning.

SPANISH RICE

- 1 cup rice
 - 1 quart canned tomatoes
 - 2 medium-sized onions
 - 2 green peppers
 - 1/2 cup diced celery
 - 1/2 teaspoon salt
 - 1/4 teaspoon pepper
 - 2 tablespoons bacon fat
- Melt bacon fat in a frying pan and add sliced onions. Cook until onions are a pale straw color. Add tomatoes. Add rice carefully washed and drained. Add celery and shredded peppers. Season with salt and pepper and cook slowly for an hour. Stir frequently to prevent burning.

GLACE APPLES

- 3 apples
 - 1 cup sugar
- Pare and core apples. Cut in slices about half an inch thick. Put in a stew pan with the sugar and cook very slowly for forty-five minutes. Apples that are rather coarse-grained and don't cook to pieces are the nicest to use. The syrup should be a very pale straw color when removed from the fire. Do not try to cook more

ADVENTURES OF THE TWINS

by Olive Roberts Barton

"ISHTU'S HUT"
Nick looked at the map he had been given to guide him and Nancy on their trip to the South Pole.

"There should be a hut here," he said. "It's marked 'The House of Ishtu the Eskimo.'"

"Why, there it is!" cried Nancy, pointing to where a low mound of ice and snow pushed up from the flat ground like the head of a large mushroom.

"That's queer," said Nick. "It wasn't there a minute ago, because after we had come through the golden door in the ice wall I looked as hard as I could in every direction, and there wasn't a thing."



A low mound of ice and snow like the head of a large mushroom

"You must have been dazzled by the ice," remarked Nancy, "for there it is. And I'm hungry, and a little cold, and I think we'd better find the door and ask if we may get warm."

The Green Shoes plodded their way over the ice to the "igloo," as Eskimos call their houses, and they soon found the little low doorway that looked almost like the opening to a beehive. Dropping on their hands and knees the twins crawled inside, finding themselves in a sort of hallway cut out of solid ice, at the far end of which was a thick curtain of walrus skins.

"Please may we come in," called Nick, as he decided that as there was really no door it was useless to knock.

"Sure, come in," called a cheery voice in Eskimo, but, of course, our little friends understood as easily as if it had been American, because Nancy still carried the charm that the Magical Mushroom had given them, when they left the Fairy Queen's Palace, the charm that helped them to understand all languages. They lifted aside the heavy, stiff curtain and entered.

At first they could scarcely see at all for the smoke, and the only light was coming from a vessel of burning grease. Then they made out the figure of a man.

THROUGH A WOMAN'S EYES

BY JEAN NEWTON

"A Nice Quiet Girl"
The craze for a while among men has been the brilliant girl.

changed the whole look of the man. Over his smiling and indifferent features spread a deep red blur of color. It passed, leaving the lines of his face strained and hard.

"Wrong number!" he said sharply and he hung up the receiver with a snap.

"Wrong number!" he announced unnecessarily as he rejoined our circle. "Come, Martie, we must hurry."

But Martie had to be well wrapped up, for a blizzard was racing. And so



"Evan took up the receiver nonchalantly."

the ring of the phone caught them once more.

"Don't bother to answer," Evan exclaimed. "Operators make such careless mistakes in the holidays—"

He was talking too much about nothing, I could see, and so could Martie. She threw her husband a suspicious glance and took down the receiver.

"My heart sank with a horrid foreboding as she answered the call: 'Yes, Mr. Sprague. What is the matter?'"

(To be continued.)

in for an inning, her brighter sister may still take heart. She need not really retire altogether. Not if she is brainy enough to be "nice and quiet," clever enough to be unobtrusive, if she will show her powers of conversation by letting "him" talk, her deep insight by being interested, her logic by being impressed.

Then her letterbox will continue to be filled and her wire always "busy!"

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JOANNES BROS. OF LOS ANGELES

Confessions of a Bride

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Ann whirled and stamped and leaped in a very smart imitation of a folk-dance and all except Martha Palmer watched her with pleasure. I said to myself that Ann was showing off to Van again, and I wanted to shake her, because she looked to him for applause more often than to her husband. She was flirting with Van, as usual, and I could see if the others couldn't.

I was sorry that Martha was pre-occupied. She was debating the wisdom of adopting Marion Sprague's unwelcome child. Martha tardily noticed little Lorrie when he touched the button that switched off the lights and set the great tree of revolving so that the children could pick its choice fruits.

In one way I was glad that Martha had a chance to sit quietly, for she made a most exquisite picture and one which Evan was appreciative. Van wasn't losing a nuance of her beauty, either. But he had his manners with him; or perhaps he, too, observed Evan's devotion to his wife.

Evan hovered around Martha much as he did in days of yore—before the war. It was like old times. I could

hardly realize that they who had been such devoted lovers so short a time ago were as far apart in spirit as the universe permits two souls to separate.

The party broke up at an early hour, for well-brought-up children must go to bed by the clock even in the Christmas season. Evan and Martha were saying goodby to me when the phone rang.

"A call for Mr. Palmer," said the maid.

Evan took up the receiver nonchalantly. In spite of his careless way, for no reason whatever, a silence fell upon our little group.

"What's that? Yes! Yes!" Then Evan paused and a curious expression

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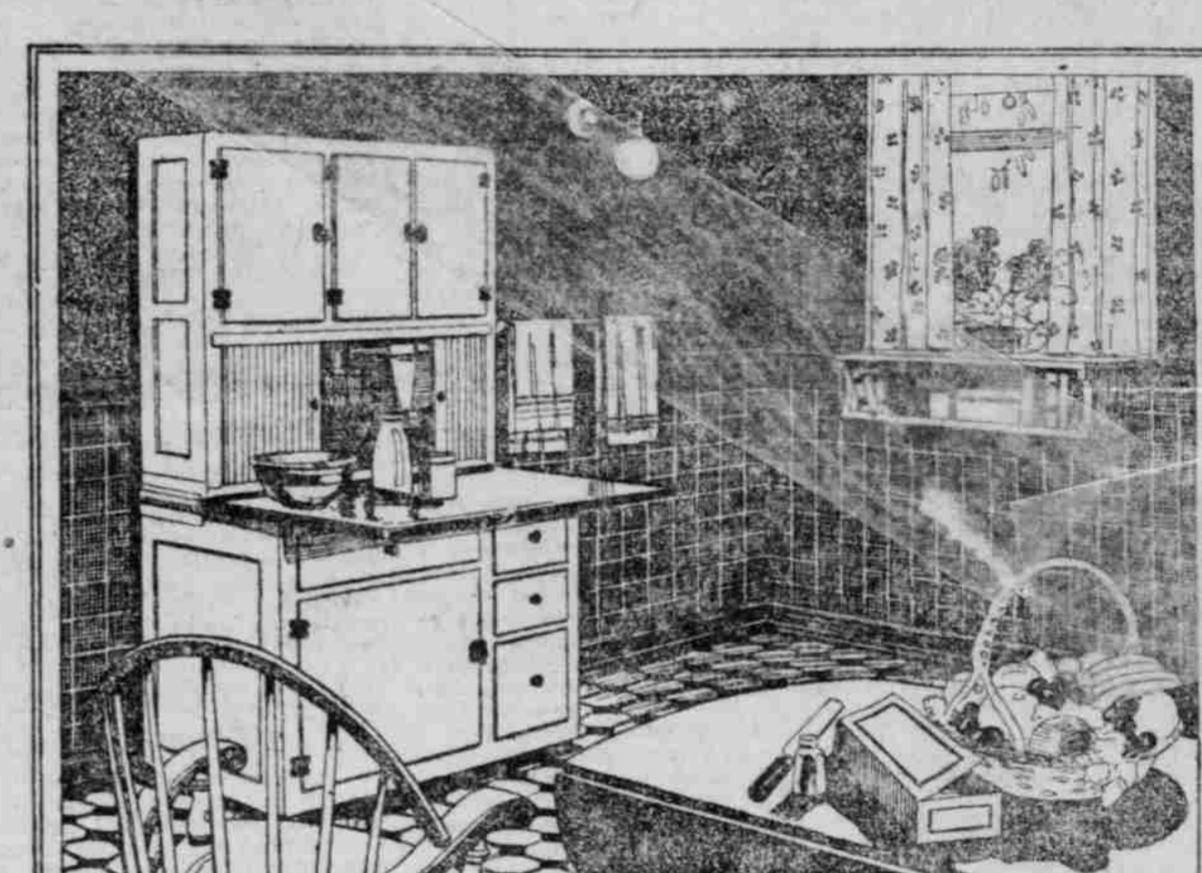
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