Society Events, Domestic Helps

# WOMAN AND THE HOME

Let the Woman's Page bespeak the woman—let it be a help to those who desire help: a comforter to those who need comforting, and above all, let it be a friend to every woman.

Music, Art, Literature

HOW DO YOU SIT AND STAND?

If you want to know how to stand so that you will appear at your very best poise your body over the balls of your feet and keep your knees stiff. You can stand for hours in this position and not feel tired and you will not make your figure grow topsided.

Women are so apt to siump when they stand, and when they sit they double themselves all up and flop over at the side or cross their legs conspicuously or literally lie down in their chairs. They might contract al-most any aliment from such a cramp-

position.
Nine women out of tan, every-Nine women out of ten, everywhere, sit and stand incorrectly. To begin with, they stand on one foot, which position, should it become a habit, makes one hip higher and the other shoulder lower. I have met women at the dresmakers, who, during their fitting, would stand on one foot and then on the other because they fancied this constant changing of pedal support rested them; but if women would stand on the balls of their feet and keep their knees stiff, the weight of the body would be on bone, which never tires.

Women should practice to find the perfect balance of their bodies. Curvature of the spine is sometimes caused by a had posture which favors weak muscles and hence encourages their degeneration; for it is a natural law that everything which is not used is dispensed with as soon as possible, and consequently being "out of commission" as it, were, is all the time degenerating.

When you sit, sit naturally, with our two feet on the floor. Do not not one foot up under you and squirm our body around so that you twist and cramp your vital organs. Remember that a natural posture is percect, as the arrowlike Indian bears



on sit, sit naturally, with you two feet on the floor.



e are calling at every hour to press sympathy. Perhaps it is rude of ne not to see them."

indeed, you may ask to be exsed if you are not sure of absolute mosure," replied her mother.

## Miss Morrissey Entertains

In recognition of her 19th birthday In recognition of her 19th birthday anniversary, Miss Helen Morrissey, employe of the telephone exchange and daughter of Investigator Alexander F. Morrissey of the Charity Department, entertained Sunday night at her home, 44 High street. There were guests present from Meriden, Herriford and New York, in addition to those from Bridgeport, the party includand New York, in addition to those from Bridgeport, the party including about 40. Until an early hour this morning the time was passed so clally. There were numerous musical selections including songs by Investigator Morrissey and Miss Morrissey and Miss Francis Higgins played a number of pleasing plane duets. Refreshments were served and the hostess received mumerous beautiful and appropriate gifts.

## Old Kelly House Moved

The Ruud-Nilson company of New York city, shoring contractors, yesterday completed the dangerous task of moving the Kelly house, a brick structure, from Golden Hill street to the new site on Congress street, adjacent to the present high school. To complete the job it was necessary to have the Connecticut company suspend the onnectiout company suspend the if soaked in milk instead of water. an Congress street and Lyon Ter-

# LAURA JEAN LIBBY'S DAILY TALKS ON HEART TOPICS

(Copyright 1913, by The McClure Newspaper Syndicate.)

SLEIGHING WITH HIS BEST GIRL'S CHUM

"See the lovers go .
With steed and bell over the snow!
What care they for wint'ry skies
Rapt, looking in each others eyes?" If a girl has a beau whom she has every reason to believe will one day become nearer and dearer should she,

at the same time, make a bosom friend of a girl chum? She is so apt to tell her friends her most sacred thoughts in a burst of confidence. She whispers to her faiteringly even the love words he has breathed to ber. She accepts blindly her friend's opinion as to how deeply her lover may be enamored of her. If the friend is true blue she will refuse to listen and to comment.

All girls are not constant. There are some who are not to be trusted too far where there is a Jesirable young man in the case.

First, the seed of envy may find root in her heart. If she is brought much in contact with the young man friend of a girl chum? She is so apt

much in contact with the young man the treacherous friend my conclude as long as no actual engagement exists, that it wouldn't be a bit of harm to that it wouldn't be a bit of harm to set her dap for him and cut her girl friend out. If she knows her friend does not enjoy sleighriding, she auggeses adroitly she'd like to have at least one sleighride during the season. The girls asks her beau if he will take her bosom friend instead of herself when he drives up with his sleigh and mettlesome horses. He is disappointed, but he cannot refuse. The girl at the window waves him goodbye wondering if she is doing just right.

Many a girl knows that there is nothing so romantic as sleighriding in

Many a girl knows that there is nothing so romantic as sleighriding in among the soft, velvet cushions, the fur robes tucked in tightly, just room enough for two. The cool winds brings roses to her cheeks, the stars seem to reflect their brightness in her eyes, the tinkling bells chime in unison with her merry laughter. her eyes, the tinkling bells chime in unison with her merry laughter. Every girl seems a little more coquet-tish in a sleigh than anywhere else. The beau suddenly discovers that his sweetheart's boson friend is a much more attractive girl than he imagined. After that delightful ride, his sweet

After that delightful ride, his sweet heart notices a change in him. She cannot imagine why. She unbosoms herself to her so-called friend, and acts on her advice to go away on a visit to make him more anxious. She follows the advice. When there's no one in the way the bosom friend is often seen riding with the beau. But just when she feels sure of him she learns that the man who is false to one sweetheart cannot be true to another. Some other pretty girl comes

to dine with his sister. He takes her home, in his sleigh, and a new ro-mance springs up in his heart. A girl shouldn't be too generous in loaning her beau to her bosom friend or any other girl when it comes to sleighrid-

MISS LIBBEY'S ANSWERS TO YOUR LETTERS

HEARTS OR DIAMONDS?

Dear Miss Libbey:

What is your idea about this matter which is troubling me greatly: I am a young man of twenty-four and have a pretty fair position and salary. I met a sweet girl and fell in love with her and called on her. I was not pleasing to her folks, who want her to look higher for a husband. Her folks sit about the room and snicker at everything I say and it's hard to at servithing I say and it's hard to keep my temper. A young snot whose parents are wealthy was recently introduced to her. I called one evening last week; was told by her mother, who answered the bell, that she was not at home. I thought different, for the parlor was lighted up. I walted at a nearby corner to see if any one called. Sure enough, along came the snot. He was admitted and stayed until 10:30. She saw him to the door. Wouldn't I be justified in giving him a good dubbing in a snowbank? I'm waiting for your judgment, so please don'th elay.

In weighing all the incidents carefully, it appears to me that the young

In weighing all the incidents carefully, it appears to me that the young lady in question is not sufficiently interested in you for you to continue your calls. No one but an ill-bred person would make fun of a guest. If you cannot win the heart of the girl, be philosophical enough not to care what other fellow woos and weds her. Why wreak your vengeance on the fortunate lover? Be manly. Love cannot break your heart. Look about for another girl, one who will appreciate and love you.

CAN LOVE POEMS DRAW HIM ON?

Dear Miss Libbey;
There is a very nice young man whom I was introduced to lately and invited to call on me, but he never came. I am greatly in love with him, thinking of him every day and often dreaming of him. I have quite a number of fine love poems. Should I send them to him, asking him to call?

Laura from Libberg

## HOUSEHOLD NOTES

Fish bolled in stock instead of water will not taste flat.

Baked milk puddings should be done ery slowly in a gradual oven.

If the cupboard is damp, leave a wantity of quicklime in it for a few

A soft crust of bread is a very con nient way of greasing the cake-

ato the baked beans will make them

A layer of sawdust under the oil-loth will give a soft tread and lengthn the service. Cooking utensils can be cleaned

Cooking utensils can be cleaned much more easily when just emptied than after they are cooled.

If the shelf of baby's high chair is covered with white olicloth, it will be much easier to keep clean.

Tomato seeds of the earliest variety should be planted in a box in the house about the 1st of March.

Cutting the bread at the table is a real economy, as the practice savesmany slices from becoming stale.

Food put in the oven to heat is sometimes forgotten and goes to waste.

netimes forgotten and goes to waste. avoid this, set the alarm clock. Old stockings cut into lengths to fit the whisk broom make an exce'lent cleaning brush for the kitchen range. Ink spots will come out absolutely if they are soaked in milk before washing. Immerse the spot and allow it to soak until it disappears.

When using poor milk for cooking, try adding a little chopped suct or butter. Skimmed milk may have an ounce or so of suct added.

away when not used, as they may be crushed and used to flavor custards, puddings and ice cream.

puddings and ice cream.

In cleaning a sponge, dissolve half a teacupful of sait in a pint and a half of water. Knead and rub the sponge well in this and then ringe.

Pineapple sandwiches are made by cutting a small sponge cake in slices. Spread them with grated pineapple, over which sift a little sugar.

When lobster Newburg is to be made in the chafing dish, it is well to prepare it some time before and let it remain in a very cold place until used. Use butter rather than milk if potatoes need extra thinning. The former

toes need extra thinning. The former makes them soggy, and nothing is worse than milky mashed potatoes.

'To bake potatoes quickly, clean and pour bolling water over them, and let stand on the stove five or ten minutes before putting them in the oven.

Iodine is a healing remedy for wounds caused by rusty nails. Such

wounds, however, should have the at-tention of a physician from the start. If eggs are to be stuffed, they must be put into cold water as soon as they are taken from the stove. This will keep the whites in better shape. It will be found a simple matter to mend a hole in a small boy's trousers pocket if a darning egg is slipped into the pocket and the darning done over

If salt fish is required for immediate

An outdoor cupboard will be found seful and economical during the win-

Mix stove pollsh with equal parts of household ammonia and turpentine and apply to the cool stove; rub off with a soft woolen cloth. It gives a night pollsh

igh polish. An ostrich feather that has been uncuried from dampness may be curled again by sprinkling it thickly with common salt and shaking it before a

oright fire.

The white mayonnaise prepared by foreign chefs calls for cream, lemon juice and the white of egg. instead of the oil, vinegar and egg yolks of the

Bolling vinegar will soften paint brushes that have become hard and dry. Allow them to simmer in the vinegar for ten minutes; afterward

vinegar for ten minutes; afterward wash them in soapsuds.

Lemon syrup, made by baking a lemon for twenty minutes and then squeezing out the juice in half a cup of sugar, is excellent for hoarseness, and to break up a cold.

After the cork of the giue bottle has been removed, do not use it again, but in its place insert a stump of a candle. It will not stick and the glue will not spill or get day.

will not spill or get dry.

A cheesecoth bag with a drawing string in the top will be found a very satisfactory thing in which to keep

bits of dry bread. The bag should be hung in a dry, airy place.

Sandwiches prepared in advance of serving time can be kept as fresh as when made by wrapping them in a napkin wrung out in hot water and then placing in a cool place.

then placing in a cool place.

Is your kitchen sink clean? If it is not flushed out with boiling water and ye, it is a dangerous sink. Under it s a trap where grease and germs are caught, and it needs to be kept clean. The tissue paper which comes into he house around gifts or in suit boxes, If folded and put into the drawer with the dish towels, will be most useful to polish glassware of all sorts, including lamp chimneys.

# RUB RHEUMATIC PAIN FROM ACHING JOINTS

Instant Relief with a small trial bottle of old "St. Jacobs Oil."

Stop "dosing" Rheumatism. It's pain only; not one case in fifty It's pain only; not one case in fifty requires internal treatment. Rub soothing, penetrating "St. Jacobs Oli" right on the "tender spot," and by the time you say Jack Robinson—out comes the rheumatic pain and distress. "St. Jacobs Oil" conquers pain. It is a harmless local rheumatism cure which never disappoints and doesn't burn or discolor the skin. It takes pain, soreness and stiffness from aching joints, muscles and bones; stops sciatica, lumbago, backache, neuralgia and reduces swelling. Limber up! Get a small trial bottle of old-time, honest "St. Jacobs Oil" from any drug store, and in a moment you'll be as free from pains, aches and stiffness as a new-born baby. Don't suffer! Rub all rheumatism and misery right away.—Adv.

Want Ads. One Cent a Word, ter weather. It will do away with the Farmer Want Ads. One Cent a Word.

Grandmother Goose's Bed Time Rhymes



THE JOLLY MILLER

(By David M. Cory.)

There was a jolly miller once Went skating on the Dee, The ice was thin and he fell in, No fish so wet as he.

And then he sang a doleful son For shivery wet was he; "O dear, O dear, I greatly fear I'll have pneumony-e!"

And, then, let's make a Scrap Book;
Get scisors and some paste,
Cut out the verses carefully,
(Remember, "Haste makes Waste!")
And paste them in so neatly
That Any one can look;
And by and by you'll find you have
A Grandma Goosey Book!

A REPLY TO "A MOTHER'S tion calling for the establishment of SONG."

He cried-your son-for the evening

And in order to still his cry,
By reaching it down, you would
snatch away
His power to self-deny—
You would grant him that which his
weak hands crave

And deprive him of all that makes

He sought—your son—for the crock o'
gold
In the Garden of Womanhood;
And you watch him take from her
toilworn hands,
And count the advantage good;
You would treasure the gold, so idly

And boast that you bore the world-

Ah God! That a Mother should dare

Thy royal seal, in Thine image—his lawful To be what seemeth good in Thy

sight—
Self-controlled with a stalwart heart
To be a man and to do his part;
To make no more than he wins
through toil. And to count the trial his richest

Oh, Woman, what profit is there, on the whole,

If you win him the world and lose him his soul?
—Jean Dwight Franklin.

"ANTIS" DEFEAT

SUFFRAGE CAUSE

Crushing defeats of the woman suffragists at the White House, before Congress and in eight individual states, all within the past year, are the salient features of a "record of achievement" issued by Miss Minnie Bronson, secretary of the National Association Opposed to Woman Suffrage, as evidence that the equal franchise movement in this country has not only come to a standstill but has received terrific setbacks in the time mention-

Miss Bronson expressed the opinion that the country should know what her organization has accomplished within the past twelve months because the "record" may be taken as an indication of coming anti-suffrage vic-tories in the states of New York, New Jersey, South Dakota, North Dakota, Montana, Nevada and Nebraska, all of which will decide the suffrage ques-tion within the next year or eighteen

The following is Miss Bronson's record of anti-suffrage achievements dur-

ing the year just ended:
"December 4, 1913—As the result of arguments presented to the House committee on rules in Washington by anti-suffragists against the proposition of the suffragists to establish in the House a standing committee on woman suffrage, the committee on rules

"December 8, 1913-President Wilson, speaking to a delegation of suffra-gists at the White House, refused to notice in his messages to Congress or in any other way the request that he urge Congress to make woman suffrage a federal issue.

"January 17, 1914—The committee on rules made public officially its decision not to recommend to the House

mittee on woman suffrage. "February 2, 1914-A caucus of the democrats of the House, called by suffrage sympathizers, refused by a

tion calling for the establishment of the proposed standing committee. "February 4, 1914—Representative Underwood, the democratic floor lead-er, served notice in a speech on the floor of the House that the democratic party takes the position that woman suffrage is a state and not a federal

"Woman suffrage was defeated at the primaries or in the Legislatures of Michigan, Connecticut, Massachusetts, Florida, Maine, Iowa, Maryland and Virginia, This list of states, represent-

ing nearly every section of the country, is an eloquent indication of what the public sentiment really is toward woman suffrage.

"Active organization of the antisuffrage, forces has been started in South Carolina, Kentucky, Nebraska, Wisconsin and Minnesota, all new additions to the great organized antisuffrage ferritory.

suffrage territory.

"The complete removal of the suffrage question from national politics for the life of the present Congress.

"The fallure of the Senate to pass

the proposed amendment of the constitution for woman suffrage in spite of favorable report on it from a committee composed almost entirely of senators representing pro-suffrage states."



THE CROW AND THE

HUMMING BIRD.

Once upon a time there was a cunning little humming bird which lost its way trying to get home from the rose garden where it had been playing. It finally got very tired from flying around so much and was also hungry and frightened.

(By Virginia Vale.)

It was flying across a field where the wind blew very hard and did not see a tall thin tree right in the path of its flight. It struck the tree with great force so that the poor little humming bird was stunned and fell to the ground just at the foot of the

It lay there for a few minutes but finally managed to roll over and tried to get up. It could not move one foot and it hurt dreadfully, so the poor bird began to cry. Now there was a crow flying across the field and hearing the crying he went to see what was the matter. When he saw the little humming bird he was very sorry and did all he could to fix the leg, so it would not hurt so much. Then he told the little bird to climb on his back and he carried it to his crowsnest in the woods and put the poor injured bird to bed in a bed of pine

needles and moss. After a few days the little bird got well for the crow had taken very good care of her. The crow grew very fond of the humming bird too and they decided to be friends and to go about together all the time. Everybody that saw them thought it was very peculiar to see the big and little bird together vote of 127 to 53 to compel the com-mittee on rules to report the resolu-happy in each others company.

# GAEKWAR OF BARODA, 51 TO-DAY, A ROYAL AUTHOR.

H. H. Maharaja Gaekwar, Sir Sayaji Rao III. of Baroda, G. C. S. L. Sens Khas Khel, Sam Sher Rahadur, Farzand-i-Khas-i-Dowlat-i-Inglishia, the scholarly and crudite monarch of the Indian state of Baroda, was born fiftyone years ago to-day, and succeeded to the throne in 1875. His highness rules with the assistance of John Buil-over a territory 8,099 square miles to extent, and has nearly two million subjects. Besides being a monarch and a big game hunter and a globe-trotter who has visited most of the countries of Europe and America, the Gaekwar is the author of several books, including "From Caesar to Sultan" and "Famine Notes." The Gackwar is a multi-mil-Honaire and one of India's wealthiest princes. He is received in England with a royal salute of twenty-one guns. The ancestors of the Gackwar were the rulers of the nation which was a leading branch of the Mahratta confederacy, covering a large part of India.

The Gaekwar has been twice married, his second spouse, Chimnabat Maharani II., being the author of "The Position of Women in Indian Life." She is said to hold advanced ideas on the subject of suffrage for women. Gatkwar has three sons and one daughter, and his eldest son and help was educated at Harvard. During the Durbar at Delhi, when King George was crowned Emperor of India, it was reported that the Gaekwar insulted the English monarch by failing to appear in full dress.

The Gackwar's only daughter was the heroine of a romance last year. when it was announced that her engagement to Prince Jitendre of Complete Behar was broken off. The Princess Indira then sailed away for Bingings. leaving her fiance "waiting at the church." There was vast excitament in India over the sudden termination of the engagement between descendants of two of the greatest of India's native rulers. Elaborate preparations and been made for the ceremony, and the date set was only a few days distant when the beautiful, dusky Princess exercised her woman's prerogative of changing her mind. At the time no official reason was given for the sollier of the Princess, but it was surmised that it was due to a question of comme royal family of Cooch-Behar claims to be descended from the gods besome native historians have denied this divine origin, and have alleged comthe Coech-Behar princes came from a tribe of aboriginal descent, which was necessarily place them on a much lower plane than the princes of the conhouse of Baroda.

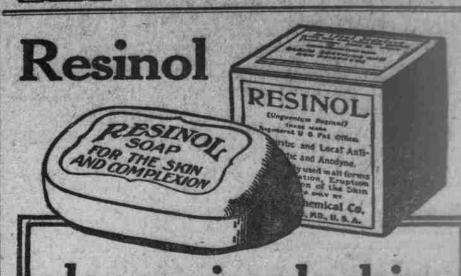
A few months later it developed that a lover's quarrel, and nothing most was responsible for the breaking of the engagement. The Prince fellows his sweetheart to London, where a reconciliation was effected, and the me united patr were made one, with all the ceremonial which is the econopaniment of a royal marriage in India. The Gaskwar did not witness the ceremony, although in Europe at the time, and it is supposed that he did not favor the alliance, basing his objections on the difference in costs and mili-

The Gackwar of Baroda visited the United States and Canada in 1906, studied American governmental, educational and commercial methods. as accompanied on that occusion by the Maharani, who was much interested in the status of women in America. Their oldest son, Shirmat Taleingran was a favorite at Harvard, and gained his A. B. degree in three and a heal

The Baroda collection of jewels is one of the most valuable in the world One of the Gaekwar's most notable possessions is the famous Baroda carre embroidered in pearls, diamonds, rubles, emeralds and sapphires. The Cont. war has given one of the four panels of the carpet to'a London museum







clears pimply skins

Try the following simple, inexpensive Resinol treatment and you will be surprised how
easily you get rid of pimples and blackheads:
Once or twice a day bathe your face for several minutes with Resinol Soap and hot water,
then apply a little Resinol Ointment very
gently. Let this stay on ten minutes, and
wash off with Resinol Soap and more hot
water, finishing with a dash of cold water to
close the pores. The healing, antiseptic
Resinol medication soothes and cleanses every
pore, leaving the complexion clear and velvety. pore, leaving the complexion clear and velvety.

burns and piles. Bold by every draggist. Resined Ointment, 50 cts. and \$1, Resinel Bosp, 25 sts. Fee free trial, write Dept. 47-5, Resinel, Baltimere, Md. Don's be fooled by "imita-