

# GUARD DISRUPTING SAYS N. Y. DOCTOR

THOS. DARLINGTON, A FORMER HEALTH COMMISSIONER, SAYS STATE SOLDIERS DO NOT MEET REQUIREMENTS — URGES UNIVERSAL TRAINING.

New York, Jan. 23.—Dr. Thomas Darlington, former health commissioner of New York City, who investigated the border mobilization for the National Civic Federation, today condemned the National Guard system and urged universal military service in his report to the federation, which is meeting here.

Dr. Darlington highly praised the spirit of the guardsmen, but he sharply criticized unpreparedness, red tape and other evils and suggested many improvements.

Dr. Darlington said that health is the first requisite of the soldier, and since had transportation facilities and ill-prepared concentration centers weaken the man's resistance and breed disease, every possible measure for the well-being of the troops should be provided in advance. To meet this condition, he advocated the establishment of large reservations on government lands at intervals along the coasts and borders, each comprising twenty to fifty thousand acres, and provided with railroad sidings, waterworks, sewer systems, garbage disposal plants, depots of equipment and supplies, and stores of building materials. He said it would not be necessary to maintain these places as army posts, and that a few men would keep the property safe from fire or trespass.

"If ever ye really need the troops," said Dr. Darlington, "we shall need every available man, but it will be impossible to obtain enlistments unless young men, and particularly their parents, can be assured that every practicable safeguard of health and morality is afforded; otherwise, universal and all other service will be opposed by parents, relatives and friends.

"I am a believer in universal service. The defense of the state is the concern of all, and all must be utilized. Furthermore, it should not be left to two or three states to furnish the majority of the troops. But I would not favor beginning this military training with young boys in the public schools. The age of eighteen or nineteen is young enough."

Dr. Darlington said he concurred in the belief that the National Guard "will soon be reduced to a minimum" as a result of its border experience. "It is a sad fact," he said, "that some of the boys who went to the border with a fine zeal for patriotic service had their ideals shattered by humiliating experiences, the mental tasks imposed in lieu of training and practice, and the failure to make prompt and efficient provision for health and comfort.

"The after effect of all this is that the guard is in danger of being completely disrupted."

Dr. Darlington said that, had the transportation of the men taken place in winter, there would have been much sickness and probably many deaths. He said that the troops were kept standing for hours in railroad yards and were crowded into old, uncomfortable, insanitary cars. For much of the distance the troops were moved in day coaches and the men had to sit up from one to six nights. The trains took circular routes and there were long delays and had feeding en route.

The New York division, which was sent to McAllan, Pharr and Mission, was badly cared for on arrival, Dr. Darlington said. There was a shortage of water which continued so long that the cavalry and artillery organizations had to drive a well at their own expense. There were no bathing facilities for weeks. Part of the camp, he said, was too level to be drained, and a nearby swampy pool was the source of a plague of mosquitoes. He added that the men should have had mosquito nets over their cots, but the majority did not even have cots. He found a dangerous condition in the fact that hundreds of goats were corralled adjoining the camp. The food, he said, was often covered with flies; one day he counted 163 of these pests on a square foot of serving table. Had it not been for typhoid inoculation, he added, there would have been a repetition of the conditions of 1898.

Dr. Darlington said the sick rate was low for the army, but not low from the sanitarian's standpoint. Notwithstanding the necessity for quick treatment on account of the hot climate, operations in appendicitis cases, for example, were often delayed and deaths resulted. He praised the work of the army medical service and sanitary inspectors, but said there was an insufficient number of doctors. In one case he found that eighteen or twenty men—some of them severely ill—had been on a train for fifteen hours unaccompanied by a physician.

Another thing responsible for the lowered vitality and disease was the mistaken belief of many officers—both regulars and guardsmen—that heavy exercise in the heat "hardened" the men.

Dr. Darlington attributed public apathy toward military affairs in general and universal training in particular, not to lack of patriotism, but to lack of public confidence in congress and government officials.

Subscribe for Free Trader-Journal.



From the Pathe Florence Rose Fashion Film.

THERE was a day when some of us were so young and agile that we could skate in any old costume, but that was before every little sport had a costume of its own. Today there is the skating costume for the rink with, doors and a different costume for the nature made product tucked in among the hills. The costume worn by the skater in the picture is something of a compromise, for, while it is intended for the rink, it may, without transgressing the laws of fashion, be worn out of doors. In good old Anglo-Saxon it is a one-piece dress of green wool jersey cloth, with a slip-on sweater to match, and both the pieces are trimmed with diamond shaped pieces of black taffeta, stitched in a silk of many colors. Incidentally this strikes us as a pretty good model for a utility frock, to be worn any time during the day under the fur or top coat.

ANNA MAY.

## DISCUSS NEUTRAL WAR TIME RIGHTS

Havana, Jan. 23.—Experts in international law from almost all the Republics of the New World met here yesterday as guests of the Cuban government to formulate a new code on the rights of neutrals in time of war.

The lawyers will discuss a proposition made to the American Institute of International Law by President Wilson and Secretary of State Lansing, whose communication centered about the fact that present rules of international law regarding warfare have grown up from the decisions in the prize courts of belligerent nations and therefore are colored from the point of view of belligerents rather than that of neutrals.

In this council, it is expected, there will originate a new code of warfare, defining the rights of neutrals rather than the rights of belligerents.

The new "liberty of neutrals" proposed is a direct outgrowth of the agreements on neutral rights by both sides in the present conflict.

The new code will try to render impossible a second "Lusitania case" or future seizure of neutral mails, detention of neutral mails and the like. It is intended more for its bearing on future wars than for use in the struggle going on today.

How to Make Artificial Skies. Sky and air are the hardest things to imitate on the stage, but this old problem has been solved at last. Clear sky, cloudy sky, and distance effects are obtained by shooting light on a very carefully built concrete dome. The smooth white surface of the dome reflects the light rays in so many directions that they all blend. At the same time, the light thrown on the dome is carefully filtered to obtain just the right color. The combined result can be made to give the impression that the roof over the stage has been taken off to let the sky in. Then, with a moving picture machine in the wings, cloud effects may be added without difficulty.

Head-off That All-Winter Cough. At the first sign of sore throat, tight chest or stuffed-up head take a dose of Dr. Bell's Pine-Tar-Honey. The healing pine-tar, soothing honey and glycerine quickly relieve the congestion, loosen the phlegm and break up your cold. Dr. Bell's Pine-Tar-Honey has all the benefits of the healing aroma from a pine forest, it is pleasant to take and antiseptic. The formula on the bottle tells why it relieves colds and coughs. At your Druggist, 25c.

Don't Cough Until It's Too Late

**Dr. Bell's Pine-Tar-Honey**

Relieves Coughs QUICKLY

Apply Cream in Nostrils To Open Up Air Passages.

FOR SALE BY W. D. DUNCAN.

**NOSE CLOGGED FROM A COLD OR CATARRH**

Apply Cream in Nostrils To Open Up Air Passages.

Maxwell

What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely. No more sneezing, sniffing, mucous discharges, sore throats, dryness, no straggling for breath at night, your cold or catarrh is gone.

## POULTRY WANTED

- WE WILL PAY CASH AND CALL FOR:
- Spring Roosters, without feed, lb. 16c
  - Roosters, staggy ..... 14c
  - Hens, old and young feed, lb. .... 14c
  - Old Roosters, feed, lb. .... 8c
  - Turkeys, young ..... 20c
  - Turkeys, old ..... 18c
  - Ducks ..... 14c
  - Geese, per lb. .... 10c
  - Rabbits, each ..... 10c
  - Butter, per lb. .... 30c
  - Eggs, per dozen ..... 45c
  - Butter fat in cream ..... 35c
  - 1/2 lb. extra for poultry delivered.

— STEER & OLSON —  
803 CLINTON ST.  
Phone 1065

## Hot Water Bottles and Syringes

DON'T BUY ONE UNTIL YOU HAVE SEEN THE

They are guaranteed for two years. There is no use throwing your money away on a cheap article when you can buy the best for the same money at

### Duncan's DRUG STORE

## AUTO LIVERY

ESTABLISHED 1904 BY E. ROSE.

THE OLD RELIABLE AND ORIGINAL, BROUGHT UP-TO-DATE WITH LUXURIOUS, EASY AND COMFORTABLE RIDING, LARGE SEVEN-PASSENGER "FOUR SIXES."

PROMPT, CAREFUL AND COURTEOUS SERVICE GUARANTEED FOR PARTIES, WEDDINGS, FUNERALS AND COUNTRY DRIVING. RATES REASONABLE.

PHONE—House 525-W. or Garage, 690-R.

Try a Free Trader-Journal Want Ad

## A Carlsbad Treatment at Home

CARLSBAD SPRINGS are the most celebrated in the world for liver troubles.

If you lack energy and feel depressed, the chances are your liver is inactive and you need

### REXALL LIVER SALTS

Practically the same formula as Carlsbad Water. A tablespoonful dissolved in plain water and taken before breakfast every morning for a week or ten days will put your system in splendid condition.

PRICE 25c AND 50c

## LUTZ'S The Rexall Store

## Of All the Ways to Go to California

experienced folks are agreed that for comfort, enjoyment and economy, Burlington Personally Conducted Parties hit the nail on the head. Thing of going all the way without a single change en route, through Denver, Colorado Springs, Royal Gorge, Scenic Colorado and Salt Lake my daylight! And under the personal charge of a congenial, competent excursion conductor, whose sole duty is to look after your comfort and enjoyment, and to indicate and explain the points of interest enroute!

It is certainly the one care-free way to go to California. Special attention is given to elderly persons, women and children traveling alone.

This is one of the Burlington's Willingness to Serve features rendered without charge to its patrons.

WHEN YOU TRAVEL WEST BE A BURLINGTON GUEST.

The Burlington's Illustrated Folder, telling you of this wonderful way of traveling to California will gladly be furnished free upon request.

**Burlington Route**

J. P. FINN, Agent  
Ticket Agent, Burlington Route  
Ottawa, Ill.

# Scientific Proof of Maxwell Fuel Economy

In a test made by David L. Gallup, M. E., Professor of Gas Engineering, Worcester Polytechnic Institute, a stock Maxwell Touring Car made from 23 to 33.7 miles per gallon of gasoline at speeds ranging from 10 to 35 miles per hour. We reproduce a letter from Professor Gallup concerning this test.

DAVID L. GALLUP, M. E.  
Consulting Engineer.

Worcester Mass Sept. 1st, 1916.

Maxwell Motor Co., Inc.,  
Detroit, Michigan

Gentlemen:

I beg leave to submit the enclosed blue print giving the results of fuel economy test made on a 1917 Stock Maxwell Touring Car, furnished by your Boston representatives.

The curve is self-explanatory and needs no discussion other than the statement that the carburetor, which was stock, was adjusted to give the best combination of power, flexibility, speed and economy for such conditions of touring as would ordinarily be encountered.

In tabular form the results, taken from the curve sheet, are as follows:

SPEED (Miles per hour)	ECONOMY (Miles per gallon)
10	33.7
15	32.7
20	31.2
25	28.8
30	26.1
35	23.0

Respectfully submitted,  
D. L. Gallup

**Deferred Payments If Desired**

**NOTE that no unusual means were employed to get these results. The car used was taken from stock; the test was made with a full load and with top and windshield up; the regular Maxwell carburetor was used.**

Any Maxwell car is capable of giving this same economy in gasoline consumption.

Maxwell operating economy matches its economy in first cost, making it *The World's Greatest Motor Car Value.*

## E. N. Hegland, Agt.

Jackson Street, Ottawa West of Gayety Theatre

# Maxwell \$635

EXTRA DETROIT

Fully Equipped—No Extras to Buy