

DOINGS OF THE VAN LOONS



It would be hard for Mother to keep all that in

Professional Cards

M. N. ARMSTRONG, Attorney at law, 210-211 Moloney Bldg., Ottawa, Illinois. Telephone: Office, 375-W. Residence, 312-Y.

L. W. BREWER, Attorney and counselor at law and solicitor in chancery. Will practice law in the several courts and in the federal courts. Special attention given to all real estate cases of La Salle and adjoining counties, including drainage questions.

B. F. LINCOLN, Attorney at law, office, La Salle St., west of court house.

DR. W. S. BLUE, Specialist—eye, ear, nose and throat. Third floor Central Life Building. Phone: Office 1019-W. Res., Main 642.

M'DOUGALL & CHAPMAN, Attorneys at law, National Bank Bldg., Ottawa, Ill.

W. H. JAMIESON, S. B. M. D., Physician and Surgeon; phone office, 322-W., residence, Main 643. Office in Armory block. Professional calls in city or country will receive faithful attention. Ottawa, Ill.

JAMES J. CONWAY, Attorney and counselor at law, office, rooms 408 and 407 Moloney Bldg., Ottawa, Illinois.

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LADIES, READ THIS: Magnetic Healer treatments given by one of your own sex for those tired out nerves. Headache, Rheumatism and all nervous troubles. Prices reasonable. ELLA WESTCOTT, 825 La Salle street, after 3 o'clock phone, 556-K, Ottawa, Illinois.

T. W. BURROWS, M. D., Physician and Surgeon, office, at residence, 810 Columbus street. Office hours, 1 to 3 p. m.

DOCTOR CARTER, Osteopathic physician, 402-34 Moloney Bldg., Ottawa, Ill. Phone: Office, 335-R.; residence, 367-K.

DR. J. J. MORIARTY, Osteopathic Physician. Hours: 9 to 12 a. m.; 2 to 5 p. m.; 7 to 8 p. m. Phone, office, Main 215-R.; residence, 882-X. Moloney Bldg., Ottawa, Illinois.

CHICAGO, OTTAWA & PEORIA RAILWAY



(Effective May 27, 1917.)

EASTBOUND. Eastbound cars for Marseilles, Seneca, Morris, Minooka, Rockdale, Joliet, Ill., leave Ottawa station in A. M.—5:50, 6:50, 7:50, *8:50, 9:50, *10:50, 11:50. P. M.—12:50, 1:50, *2:50, 3:50, 4:50, 6:50, 7:50, 9:50, 11:00. *Sundays and holidays only. a Morris.

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FARES TO CHICAGO, ILL. \$1.50 Week-End Excursions every Saturday and Sunday, also on Decoration Day, Fourth of July and Labor Day—\$1.50. Every Day Fares. Round Trip—\$.75. One Way—\$.40. Round trip tickets limited to ten days via Joliet, Ill., Chicago & Joliet Electric Ry.

QUICK DELIVERY ON FREIGHT Low Rates. WELLS FARGO BANK

THEY MAKE PEACE

Civilization Follows In Wake of United States Marines.

CALMED WEST INDIAN ISLAND

Haiti and Santo Domingo, Turbulent Neighbors, Brought to Reason by "Soldiers of the Sea"—Big Work Done That is Known Too Little Deserves Praise of Nation.

By QUARTERMASTER SERGEANT C. B. PROCTOR, U. S. Marine Corps.

Press dispatches of the present day activities of military men have a tendency to set them forth more as instruments of destruction than as reconstructors and efficient guardians of peace. The



Photo by U. S. Marine Corps Publicity Bureau.

MARINES IN ACTION IN SANTO DOMINGO.

United States Marines have been great factors in making Santo Domingo a peaceful country. The United States Marines have been great factors in making Santo Domingo a peaceful country. The United States Marines have been great factors in making Santo Domingo a peaceful country.

The Marines have literally taught the Haitians how to live decently," said the Right Rev. Charles Blagney Colmore, Bishop of Porto Rico and Haiti, during a recent visit to the United States. "Before their coming sanitation was in the crudest and most unsatisfactory forms was unknown, fevers and epidemics were as plentiful as revolutions, a press gang was in vogue and the country was the victim of continuous uprisings encouraged by political schemers, each of whom ravaged the customs money drawer as each in turn came into short lived power.

The entry of the United States Marines ended this sorry story. With the wonderful facility and adaptability for which the marines are noted these advance agents of American civilization so changed Haiti that after they had been there four months when I made my annual visitation to the island I



Photo by U. S. Marine Corps Publicity Bureau.

MARINE CORPS FIELD ARTILLERY IN ACTION NEAR PORT AU PRINCE, HAITI.

hardly knew it to be the same spot. It had been improved beyond my wildest hopes. Sanitary systems had been installed, the towns had been cleaned up, former killers and revolutionaries were working happily for living wages, and a new spirit was animating the people.

"I want the American people to realize what a big work is being done. It isn't a pleasant task to teach a people how to govern straight," and the marine officers and men realize this and yet go at it with stout hearts and high courage. They laugh at the hardships of life. It is their duty, and their motto is "Semper Fidelis!"

SUBSCRIBE NOW FOR THE FREE TRADER-JOURNAL.

TABLES OF DIGESTIBLE NUTRIENTS AND ENERGY VALUES

Compiled From Henry & Morrison, 1915 Edition, Massachusetts 1911 Annual Report, Pennsylvania Bulletin 114.

[National Crop Improvement Service.] d—Arnsby Corrections. k—Kollner.

Table with columns: Kind of Feed, Pro-Nutri-Therm, Digestible Total, and Energy. Lists various feed types like Corn Meal, Wheat, and Barley with their respective values.

Table with columns: Kind of Feed, Pro-Nutri-Therm, Digestible Total, and Energy. Lists various feed types like Malt Sprouts, Brewers' Grains, and Cottonseed Meal.

Table with columns: Kind of Feed, Pro-Nutri-Therm, Digestible Total, and Energy. Lists various feed types like Alfalfa, Red Clover, and Mixed Hay.

Table with columns: Kind of Feed, Pro-Nutri-Therm, Digestible Total, and Energy. Lists various feed types like Sugar Beet, Potatoes, and Rutabaga.

STRAW SHOULD BE SPREAD.

The feeding value of straw being comparatively low, and the fertilizing value being high, all straw should be spread upon the fields and not burned or wasted.

THE DAIRY RATION

Feeding Tables Hard to Follow on Account of Variation of Ingredients.

For many years feeders have endeavored to use so-called standard tables showing the theoretical number of pounds each of so-called digestible protein, fats and carbohydrates. These methods are fatally defective for the following reasons: First, the tables call for so much digestible food. If there was such a thing as digestible food it might furnish a basis to go by, but digestible food is really apparently digestible food, in that it disappears in the body. Just what use is made of it is not always clear.

One hundred pounds of digestible food derived from roughage is about equal to eighty pounds derived from grain, so if we add together things which are unlike, we get no tangible results. It is like adding so many pounds to so many gallons. So, the digestible basis of figuring rations is very inaccurate. The correct way is, first, to ascertain how much protein and energy a cow needs to sustain life and keep weight. You can get this from your experiment station, and ascertain how much is necessary to make one pound of milk of a certain fat test, and then feed her as much protein and energy as is needed to maintain her and supply food for as many pounds of milk as she can make.

This is a very difficult problem and few can do it, and we challenge any two men to tackle the same problem under the same conditions and

arrive at the same result.

We cannot tell unless we try to find out, that a cow will not give more milk on more feed, or maybe as much milk on less feed. So feeding is largely experimental, as no two cows are alike.

However, the law of averages will hold, and the feeder can save all this trouble and much loss by feeding a ration which his experiment station has in most cases made, say three to four pounds of milk for each pound of mixed feed.

There is one thing certain. The more solids and fat in the milk, the more feed needed per pound of milk. So, a good mixed feed which is properly combined and all the roughage she will eat will greatly simplify your feeding problem and a very little experimenting will soon show you how much concentrates each cow needs to produce a maximum yield.

THE AVERAGE REFORMER.

The average reformer having so little at stake himself, plunges about like a bull in a china shop, regardless of the results of his ardor.

An amusing incident is told of the Secretary of Commerce. The can manufacturers put up a howl that unless they could get the plate to make up, no canning of fruits and vegetables could be done, so without looking over the field it is said that an order was made that steel was to be diverted by the manufacturers from other projects and put at the disposal of the can manufacturers.

It looked all right on the face of it, but when the manufacturers of harvesting machinery demanded steel which they contracted for, and found that there was not steel for aprons, it having been diverted to cans, a hurry-up call modifying the order was issued, so that our harvesting machines could be made in time for the growing crop.

This illustrates how many plans are ignorantly made robbing Peter to pay Paul. Every enthusiast who has a pet reform which is always hitting some other business instead of his own, never looks around to see what the effect will be before he plunges. The manufacturers of feed and the most successful feeders in the country have a right to demand that that delicate machine—the dairy cow—shall not be wrecked by hasty legislation.

Revolutionary reforms are seldom efficacious. Anything which disturbs the food equilibrium should be handled gradually. Experience has shown that the most efficient way to handle cereal products is to remove the human food first and feed the residue to stock. Any other system is sheer extravagance.

Unfortunately, as the majority have discovered in every age, the tree of fame is an inconveniently tall tree; the trunk of it is abominably smooth, too, affording very little foothold to the climber.

"ANURIGI!" THE NEWEST DISCOVERY IN CHEMISTRY

This is a recent discovery of Doctor Pierce, who is head of the Invalids' Hotel and Surgical Institute at Buffalo, N. Y. Experiments at Doctor Pierce's Hospital for several years proved that there is no other eliminator of uric acid that can be compared to it. For those easily recognized symptoms of inflammation—as backache, scalding urine and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism, it is simply wonderful how surely "Anurigi" acts. The best of results are always obtained in cases of acute rheumatism in the joints, in gravel and gout, and invariably the pains and stiffness which so frequently and persistently accompany the disease rapidly disappear.

Go to your nearest drug store and simply ask for a 50-cent package of "Anurigi," manufactured by Dr. Pierce, or send 10 cents to Dr. Pierce for a large trial package. If you suspect kidney or bladder trouble, send him a sample of your water and describe symptoms. Doctor Pierce's chemist will examine it, then Dr. Pierce will report to you, without fee or charge.

NOTE:—French scientists affirm that "Anurigi" is thirty-seventy times more active than lithia in eliminating uric acid, and is a harmless but reliable chemical compound that may be safely given to children, but should be used only by grown-ups who actually wish to restore their kidneys to perfect health, by conscientiously using one box—or more in extreme cases—as "Anurigi" (thanks to Doctor Pierce's achievement) is by far the most perfect kidney and bladder corrector obtainable.

Dr. Pierce's Pellets are the original Little Liver Pills. One Little Pellet for laxative—three for a cathartic.

LOCAL LEADERSHIP

Somebody Must Take the Initiative—Are You Willing to Serve?

Many agricultural plans are like a sky rocket. They make a fuss going up and blow up a few stars and descend like the stick. The reason of this is because few men can make a continued effort. They will get up a little scheme but at the first discouragement, their energy wanes and there is nothing to show for their activity.

Yet it cannot be said that this sort of energy is wasted. Like the overlapping waves of a tide, public opinion is being formed. Things which were ignored when crop improvement began its propaganda, are now adopted as a matter of course.

Local leadership is the weakest spot in this work. Somebody must take the initiative but it is not necessary that one man should undertake the whole thing. In every community there are bankers, commercial clubs, farmers clubs, granges, institutes, millers, grain dealers and public leaders of various kinds who can unite their efforts on a few specific things and after successfully tackling one problem be strengthened to tackle others.

Notice to Bidders.

Bids will be received by the undersigned until Friday, July 20, 1917, at 9 o'clock a. m. for excavating and back filling trench for water mains as per specifications on file in city office.

W. W. CURTIS, City Clerk.

Alkali Makes Soap Bad For Washing Hair

Most soaps and prepared shampoos contain too much alkali, which is very injurious, as it dries the scalp and makes the hair brittle.

The best thing to use is just plain mulled coconut oil, for this is pure and entirely greaseless. It's very cheap, and beats the most expensive soaps or anything else all to pieces. You can get this at any drug store, and a few ounces will last the whole family for months.

Simply moisten the hair with water and rub it in, about a teaspoonful is all that is required. It makes an abundance of rich, creamy lather, cleanses thoroughly, and rinses out easily. The hair dries quickly and evenly, and is soft, fresh looking, bright, fluffy, wavy and easy to handle. Besides, it loosens and takes out every particle of dust, dirt and dandruff.

State of Ohio, City of Toledo, Lucas County, ss.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, Ohio and State of Ohio, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of Hall's Catarrh Cure.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1916.

A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials free.

F. J. CHENEY & CO., Toledo, O. Sold by All Druggists, 75c.

Take Hall's Family Pills for constipation.

NOTICE TO CONTRACTORS.

Sealed bids will be received for the construction of the improvement of parts of Cornell street pavement, etc., of the City of Ottawa, by the Board of Local Improvements of the City of Ottawa, until the 20th day of July, A. D. 1917, at the hour of 10 o'clock a. m., at the city offices in the Central Life Building, in said City of Ottawa, Illinois, at which time and place said bids will be publically opened.

It is estimated that there will be about the following amounts of work to be done and materials to be furnished: 581 cu. yds. of excavation, 960 lin. ft. combined concrete curb and gutter, 123 cu. yds. concrete foundation, 78 cu. yds. of sand, 1,162 sq. yds. of brick pavement, gravel filler for 1,162 sq. yds. of brick pavement, 1 ton of asphalt.

Said improvement shall be constructed and made in accordance with the ordinance providing for the same and the maps, plans, and specifications for the same on file in the office of the Public Engineer of said board.

Proposals must be made on blanks furnished by said board and in com-

Classified Advertising

Advertisements will be inserted in this column not exceeding five lines, three times 25c; one week 50c. Each line over five, 10c per week additional. All advertisements in this column must be paid in advance. No advertisement will be inserted in this column for less than 25c.

For Rent

ROOMS FOR RENT—Inquire at 623 Illinois avenue.

FOR RENT—Garage storage, at 907 Walnut street. Apply to Joseph Metzger or phone 434-R.

FOR RENT—A modern 7-room apartment entirely refurnished and redecorated throughout. Will rent unfurnished or four months to party with no small children. Apply to Walter B. Palmer.

FOR RENT—A six room house. Modern conveniences, Phone M. N. Armstrong, Moloney Bldg.

For Sale

FOR SALE—Rhythmodic Music Rolls, song rolls, patriotic, popular, brilliant light classics and opera selections. The rolls that cannot sound mechanical, but are sweeter than the human touch. Come and hear them at Sault's Music Co., 825 La Salle St., next to Gayety.

FOR SALE—A good driving team. G. A. Meckinstock. Phone 655-K.

FOR SALE—\$1800 Staver Auto, 40 h. p., tires 4 1/2 x 37, about one-third worn. The car is in good shape, and can be run without any repairing. Terms to suit the buyer. Geo. W. Reed & Co., Ottawa.

FOR SALE—Second-handed 9-16 Mogul tractor. Has been used about one year by an experienced man. We have overhauled the engine and is now in good shape. We traded it in on a 1920 Mogul. Terms to suit buyer. Geo. W. Reed & Co., Ottawa.

FOR SALE—A good garage and die local agency for three medium priced makes of automobiles, at a bargain. Located in a good lively town in La Salle Co., Ill. For further particulars call on or address Wm. Jamison, 729 La Salle St., Ottawa, Ill.

FOR SALE—A small building, suitable for a chicken coop. Size about 6 by 10 feet. Call 294-X.

FOR SALE—A bargain—eight room cottage with improvements; 2 large lots. Price, \$2,900 if sold at once, inquire 916 Douglas street, or phone 298-X.

FOR SALE OR RENT—A strictly modern eight-room house on Illinois avenue. Also three furnished rooms, well located. For further particulars call on or address Wm. Jamison, 729 La Salle street, Ottawa, Ill.

Wanted

WANTED—White laborers for foundry work; \$2.50 per day. Can earn \$3.00 to \$3.50 per day piece work. Steady work for steady men. No transportation furnished. Apply Missouri Malleable Iron Co., East St. Louis, Ill.

pliance with the instructions there-to attached, which can be had on application to the Public Engineer, and must be accompanied by cash or by a check payable to the order of the President of said Board of Local Improvements in his official capacity, certified by a responsible bank for an amount of not less than ten per cent (10%) of the aggregate of the proposal.

The contractor shall be paid in bonds, bearing the rate of five per cent (5%) per annum. No bid will be received unless the party offering it shall furnish evidence satisfactory to the Board of Local Improvements that he has the necessary facilities, ability and pecuniary resources to fulfill the conditions of the contract and execute the work, should the contract be awarded to him.

Bidders will examine the ordinances, maps, plans, and specifications and also the locality in which said work is to be done and judge for

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