

ALASKA LURE FOR THE HOME SEEKER

FARMER HAS COME IN WAKE OF GOLD HUNTER TO DEVELOP ITS RESOURCES.

Territory is Showing Its Possibilities as Land of Agriculture.

In 1867, William H. Seward insisted that the United States government buy Alaska. The price paid was \$7,200,000. People scoffed and called and jeered at "Seward's Ice Box."

Last year the territory exported her purchase price in gold alone, six times her purchase price in copper, three times her purchase price in fish. Her total commerce for the year approached \$120,000,000.

And still Alaska is a land of thrills. She has scarcely stepped across the threshold of the vast prosperity that will be hers. The half billion of dollars she has given the United States during the close of the last half century will be doubled many times before the century is closed.

An invincible frontier spirit forced the mighty Mississippi, overcame obstructing mountain barriers and penetrated to the broad Pacific. That invincible frontier spirit was the spirit of the pioneer American, and it is with us still. The plains of Kansas and the placers of California played their part in the steady westward march of American civilization. Then came the rush to the Klondike. That brought the first great throng of Alaska pioneers. Many of them struck pay and returned to the states. More of them have struck something better and richer than pay; they have struck homes. The far famed lure of the north has caught them, and they wish for no better.

Montana was a famous mining country and a great cattle region. So was Arizona. Now they are farming both states with rich results. The rush to California in '49 was for gold. Since then California has become one of the great agricultural states of the Union.

And now they tell us that the farming area alone of Alaska is as large as the combined total area of Pennsylvania, Maryland, Delaware, New Jersey, Connecticut, Massachusetts, Vermont and New Hampshire. We are told that Matanuska potatoes weigh a pound and a half, we are shown turnips and rutabagas that weigh from twelve and fourteen pounds apiece. We are fed lettuce and strawberries that might have been grown in Virginia.

Is this "Seward's Ice Box," "Seward's Folly," "Seward's Arctic Polar Bear Reserve?" Alaska is no longer a formidable wilderness. Thoughtful men and women realize that though it is cold in winter, it is warm in summer. Reports of actual weather conditions show that it is milder at Seward this winter than it was at New York or at Boston.

We cannot speak of Alaska as a whole any more than we can speak of the Pacific slope as a whole. It is just as misleading to speak of the Matanuska valley and Point Barrow in the same breath as it is to infer that pomegranates will mature in Vancouver just because that island happens to be circled by the same sea that laps the beach of Colorado.

A map of Alaska superimposed

upon a chart of the United States shows a spread of territory extending from the Atlantic ocean at Charleston to the Pacific at Los Angeles, from Canada at Lake Superior to the state of Sonora. Her 586,100 square miles comprise a domain one-fifth as large as the United States, and quite as varied, both in climate and in resources.

Why, then, did Alaska lie so long "undiscovered?" Lack of concrete knowledge and prejudice born of ignorance have retarded the development of the territory up to a very recent date.

Government surveys have disclosed vast riches, the government railroads is fast opening the country. Her coal is declared to equal the world's best, her soil is fertile and her people industrious.

What better foundation could a candidate for statehood have in its race for future prosperity?

Another Test of Death.

A discovery of great value for testing with certainty whether a person is dead has been made by a professor of physiology at Chicago university. As described in the "Lancet," it is too technical for the layman's understanding, but a doctor explains that the test is made by crushing a piece of muscle and comparing it with a piece of uncrushed muscle. If the person is alive the crushed piece gives off more carbonic acid gas than the uncrushed piece, as a result of the stimulation produced by the injury. The professor claims that this test can be applied within a few minutes, or at most within one or two hours of death. There are, of course, other tests with which every doctor is quite satisfied, but this will be extremely valuable, as proving local death of the tissues after general death has occurred. There is life in the tissues for some time after death, and proof of their death sets all doubts at rest.

Always in the Lighthouse.

The whole history of Flanders, until it passed by marriage into the possession of the dukes of Burgundy is filled with stirring deeds and rapid growth. Through all the centuries Flanders has kept itself in the front rank of attention by the great struggles that have swept back and forth across its territory.

When the ruling count would find no adequate scope for his energies in his own country or if the spirit of adventure lay hard upon him he would go off on a crusade as did Count Robert II who wrought so valiantly in the first crusade that he was given the proud title of The Sword of Christendom.

Superstitions About Salt.

It is a curious fact that, from the earliest times, many superstitions have clung about the use of salt. There is much evidence in Holy Writ for ceremonial uses of it. The Mosaic law commands that every oblation of meat offered shall be seasoned with salt, a command that is given, with variations, in various books of the Bible, such as Leviticus 2:13 and Ezekiel 47:14. In the old days salt was put into a child's mouth in baptism, and in some countries to this day the custom is followed of throwing a pinch of it into holy water to ward off the evil spirit.

Does Not Affect Charity.

The desire of power in excess caused the angels to fall; the desire of knowledge in excess caused man to fall; but in charity there is no excess, neither can angel or man come in danger by it.—Bacon.

GOOD FOOD COMBINATIONS

How to Use "Left Overs" and Save Fuel and Labor at the Same Time.

Numerous palatable combinations of two or more food materials which can be prepared by the housewife with but little trouble in themselves will supply the major part of a well-balanced meal. Such combinations should be used very frequently to simplify and make more economical the serving of a rational diet for the family, say specialists of the U. S. Department of Agriculture. Combining left overs into a palatable dish, for example, effects a considerable saving in material, in fuel, and in the labor of preparing meals and of cleaning cooking utensils and dishes. Good use thus is made of food which might otherwise be wasted, when one dish is prepared, cooked, and handled, instead of several.

The character of any one of the daily meals should be determined by that of the other meals that are served. A light breakfast and a light supper or luncheon, for instance, usually makes desirable a heavier dinner. In some families the preference may be for a hearty breakfast and dinner and a very light supper, and so on through a considerable range of individual tastes. If the meal is to be a light one, the combination dish together with the bread and butter, which usually accompany American meals, may be all that is wished. If the combination dish forms the central part of a heavier meal, it is in accordance with our usual food customs to serve with it, in addition to bread and butter, such foods as garden vegetables, fruits (fresh or cooked), and simple desserts. Good planning necessitates in the principal meals of the day such variety as has been suggested, in order that all the varied nutritive substances which the body requires may be supplied.

The following are some suggestions for a few of the many nutritive combination dishes which may be prepared from materials and common "left overs," and for other foods which can accompany them to make a well-rounded meal. Every housekeeper, of course, will have a special liking for certain dishes and combinations.

Some Typical Combination Dishes and Foods Served With Them to Make Rational Meals.

Spaghetti or macaroni or rice cooked with tomato, onion, or green pepper, and cheese, or cheese sauce, served with white, graham, or whole-wheat bread, and butter, and stewed or sliced fruit and apple cookies.

Baked rice (scallop), with minced left over meat, chipped beef or fresh corned fish, served with beet, dandelion, or other greens, dressed with peanut, olive, cottonseed, or other table oil, with vinegar and lemon juice enough to flavor the dressing, and wheat, corn, or rye bread and honey.

Boiled rice scrambled with eggs, served with a succulent vegetable such as stewed tomatoes, canned corn, green peas or beans and bread and butter and nuts and raisins or other dried fruits.

Green peas and canned salmon with white (i. e., thickened milk) sauce served with corn bread and sliced fruit.

Meat pie (meat from inexpensive cuts) or fish pie with flour or potato crust, served with turnips, carrots, onions, or parsnips, and biscuits and butter, with jam or jelly or hot chocolate.

Mashed potato with creamed codfish (i. e., cream sauce containing a little salt codfish), served with lettuce with oil and vinegar or lemon juice dressing, and crackers and cheese or peanut butter sandwiches.

Meat stew (inexpensive cuts or left overs), with turnips or other vegetables including left overs, and with rice in the stew or flour or corn meal dumplings; or fish chowder made from fresh, canned, or dried fish, crackers, skim milk, and onion, served with bread and butter, and fresh or stewed fruit.

Boiled dinner (corn beef or corned mutton cooked with fresh vegetables, as potatoes, turnips, carrots, etc.), served with bread and butter, and apple or other fruit and bread crumb pudding.

Cow peas boiled with pork and combined with boiled rice, served with a green vegetable or vegetable salad, and honey, brown sugar, maple sugar, or date sandwiches.

Bean baked with pork or bacon served with Boston brown bread and butter, and tart apple sauce and cookies.

Bean and cheese roast (a mixture of cooked beans and cheese prepared and seasoned like a meat loaf) with tomato sauce or brown gravy, served with sweet potatoes, and bread and butter, and sliced orange and banana or other fruit.

Needlework Notes.

A tating shuttle with a detachable spool may be filled on the sewing machine or slipped on a pencil and wound by hand in a few moments; it is a boon to the lacemaker. It is inexpensive and durable.

If before embroidering, crocheting or tatting, you will shrink the cotton work will look much better. Immerse the balls in warm water until saturated, then suspend in a free, sunny place to dry. You will find as a result your finished work will remain as smooth as when first done.

If corned beef is to be served cold allow it to cool in the liquor in which it was boiled.

Time Markers in Lisbon.

Correct time is announced every even hour in the port of Lisbon by means of two lanterns placed on iron columns 100 feet high. The lanterns each have three faces measuring 6.5 feet by 4 feet.

NOTABLE GATHERING OF 1787

Convention That Formed Constitution of United States Assembled at Philadelphia May 25.

The convention that formed the constitution of the United States met at Philadelphia on the 25th of May, 1787. The articles of confederation under which the revolutionary war was fought were not satisfactory, and it was proposed to amend them. Most of the delegates to the convention were so instructed. The states of Virginia, Pennsylvania and New Jersey appointed their delegates "for the purpose of revising the federal constitution"; North Carolina, New Hampshire, Delaware and Georgia, "to decide upon the most effectual means to remove the defects of the federal Union"; New York, Massachusetts and Connecticut, "for the sole and express purpose of revising the articles of confederation"; South Carolina and Maryland, "to render the federal constitution entirely adequate to the actual situation." But when the convention met discussion of the situation led the delegates to decide upon framing an entirely new constitution instead of patching up the old articles of confederation.

The convention sat nearly four months, and on the 17th of September, 1787, the completed constitution was signed by the president of the convention, George Washington, and by all the members except three. It provided that "the ratifications of the conventions of nine states shall be sufficient for the establishment of this constitution between the states so ratifying the same." The first state to ratify it was Delaware, on December 7, 1787, and the ninth was New Hampshire, on June 21, 1788. This made it the constitution of the states that had ratified it, they constituting the union, but New York did not ratify until July 26, 1788, North Carolina until November, 1789, and Rhode Island until June, 1790.

Children's Resistance.

Children's recuperative powers, generally speaking, are superior to those of older people. Proper rest and care will often ward off serious illness, but this requires care and insight on the part of the parents, as the children themselves are not apt to call attention to their condition until they become seriously ill.

Cut This Out—it Is Worth Money.

DON'T MISS THIS. Cut out this slip, enclose with 5c and mail it to Foley & Co., 2835 Sheffield Ave., Chicago, Ill., writing your name and address clearly. You will receive in return a trial package containing Foley's Honey and Tar Compound, for coughs, colds and croup; Foley Kidney Pills for pain in side and back, rheumatism, headache, kidney and bladder ailments; and Foley Cathartic Tablets, a wholesome and thoroughly cleansing cathartic for constipation, biliousness, headache and sluggish bowels. For sale by W. D. Duncan.

NEW AX OLD LADY'S CHOICE

Tired of Chopping With Dull Tools, She Is Easily Satisfied, Despite Newly Acquired Wealth.

On a clear cool evening in the early spring a man on a horse crossed the ridge of a mountain, and, seeing a cabin in the valley, turned his horse in that direction. The cabin was white-washed and clean. The mountaineer and his family sat on the porch. Several children played in the yard. The stranger arrived at the gate and was invited in and set down on the porch with the family.

"Stranger," asked the mountaineer, "are you interested in our oil up here?" "Well, no," said the stranger. "I haven't much faith in it. I hear of these people who suddenly strike it rich, but I never did there."

The old man chuckled and said: "I am one. Yesterday I was poor; today I am rich. I was just asking my family, now that we could have things, what they would rather have. Now, John here, he wants a horse, and Molly wants a new dress, and Susie says she'll take books. By the way, wife, what would you rather have?"

The old lady never hesitated a minute. "Well," she said, "I'm pretty tired cutting wood with a dull ax; I'll have a new ax."—Harpers Magazine.

Try the Free Trader Journal Want Ads for results.

FOUR WEEKS IN HOSPITAL

No Relief—Mrs. Brown Finally Cured by Lydia E. Pinkham's Vegetable Compound.

Cleveland, Ohio.—"For years I suffered so sometimes it seemed as though I could not stand it any longer. It was all in my lower organs. At times I could hardly walk, for if I stepped on a little stone I would almost faint. One day I did faint and my husband was sent for and the doctor came. I was taken to the hospital and stayed four weeks but when I came home I would faint just the same and had the same pains.

A friend who is a nurse asked me to try Lydia E. Pinkham's Vegetable Compound. I began taking it that very day for I was suffering a great deal. It has already done me more good than the hospital. To anyone who is suffering as I was advice is to stop in the first drug-store and get a bottle of Lydia E. Pinkham's Vegetable Compound before you go home."—Mrs. W. C. BROWN, 244 W. 12th St., Cleveland, Ohio.



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Lying Down to Smoke. The Patagonians lie down while smoking, swallowing and retaining some of the smoke, while the Eskimos mix wool with the tobacco to make it last longer. A reason for this is that they must depend upon whalers for their supply of tobacco. In Abyssinia smoking is considered a heinous crime, entailing cruel penalties.

That's About All. Pandora was an extraordinary creature. Every young woman is. She will still, however, a young woman—that is to say, a mixture of timidity and boldness, of prudery and shamelessness, of divine kindness and cold cruelty of youthfulness, and especially of profound knowledge and abysmal ignorance.—Exchange.

Dickens' Library Lamp



is only one of the wonderful designs from the famous galleries of Napoleon A. Cusson; the Lamp has a solid Mahogany base containing hand-colored English plaques of four of Dickens' noted characters.

All hand-decorated Lamps and Candlesticks from these galleries are exclusive, unusual as well as most artistic. We recommend your early selection.

Metzger's Ladies Shop, Ottawa, Ill.

OTTAWA, ILL.

A CASH FLOUR SALE

Have your money ready; we do not credit anybody and make this price.

49 pound Sack Golden Flour..... \$2.97
Every sack warranted. Call us up—you get your money back in full if Flour is not satisfactory.

POTATO SALE
1 package, 15 pounds..... 45c. 1/2 bushel, 30 pounds..... 85c
Per bushel, 60 pounds..... \$1.60

CABBAGE SALE
Fancy Holland Cabbage, all day, per pound..... 2 1/2c.

CANNED SALMON SALE
1 pound can Salmon 18c or 2 cans..... 35c.

CANNED MILK SALE
Small can 7c, 2 for..... 13c. Large cans 14c, 2 for..... 27c.

NEW TOMATO AND CANNED PEA SALE
Tomatoes or Peas 15c. cans or 2 cans..... 25c.

BIG BARGAINS IN COFFEE AND TEA
3 pound cans 40c. Coffee..... 99c. Our regular package 30c. Coffee Saturday..... 26c.

A good Santos Coffee 22c. per pound or 3 pounds..... 60c.
We think you all heard about our Tea per pound..... 39c.

CHEESE SALE
Full Cream Cheese, Herkimer Co., and Brick Cheese pound..... 34c.
Fancy Sweet Cider, just tapped, per gallon..... 45c.

NEW SAUER KRAUT
We almost forgot to tell you about a cask of New Kraut, just tapped, 10c. quart or 3 quarts..... 25c.

PAT SLATTERY
CALL ONE FIVE FIVE.

Christmas Cards

We have on display the largest assortment of Christmas Cards and Folders ever displayed in Ottawa.

Why not select your Cards now, while our stock is complete? We also invite the Business and Professional Firms to inspect our line of cards. Nothing is more appropriate than a Christmas Card to show your appreciation of your customers' patronage.

Prices 1c, 5c, 10c, 15c, 25c, 35c
Remember Mail Orders Given Prompt Attention.

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JUST RECEIVED ANOTHER SHIPMENT OF "OVER THE TOP" AND GERARD'S "MY FOUR YEARS IN GERMANY." The Two Best Selling Books of the year.

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SUCCESSORS TO W. J. GRAHAM
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High School Lyceum
Friday, Nov. 16th, at 8:15
Sergeant Flahiff

Famous "Princess Pat" Regiment
will tell his personal story of the battles of the Somme and Ypres.
Single Admission, 50c.

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USE

—a safe corrective now and then, for your health's sake. Otherwise, poisonous waste materials may accumulate in the system and cause you considerable illness. Better be safe than sorry. To keep the bowels healthy, the liver active and the stomach sweet, there is nothing that is quite so good as

BEECHAM'S PILLS

a good, old, time-tested remedy that you may buy with confidence and use with benefit, in keeping the system in good order. Composed entirely of medicinal herbs, these family pills act pleasantly on the bodily organs, without causing any disagreeable effects. So gentle, a child may take them, so effective they help both men and women. They enjoy the largest sale of any remedy in the world because they are so safe and so dependable. If you have never tried Beecham's Pills as a tonic and corrective, buy a box and use them

NOW

"The Largest Sale of Any Medicine in the World"
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Directions of special value to women are with every box

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Always keep a supply of Duffy's Pure Malt Whiskey in your medicine chest. You never can tell what day or hour of the night some member of your family may be stricken with cramps, chills, indigestion or more serious illness. Emergencies demand quick action, and if you have Duffy's Pure Malt Whiskey to administer you can be sure of instant relief, because it is made especially for medicinal use. It will prove agreeable and beneficial to the most delicate stomach.

Duffy's Pure Malt Whiskey

is absolutely pure and dependable and its quality never varies. It is used in many reputable hospitals and readily prescribed by unprejudiced physicians. Do not wait to have this matter brought forcibly to your attention by unpreparedness, get a bottle today and be assured of protection.

"Get Duffy's and Keep Well."
Sold in SEALED BOTTLES ONLY. Beware of imitations.

NOTE: Get Duffy's from your local druggist, grocer or dealer. If he cannot supply you, write us, we will tell you where to get it. National booklet free.

The Duffy Malt Whiskey Co., Rochester, N. Y.

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