

## THE PUBLIC FORUM

**DRUGS.**—There are so many people who have formed the habit of using medicine to excess and so many others who do not realize what harmful effects are produced by the continual use of drugs that I wish to state briefly a few things embracing medicine and disease.

Medicine appears to have first been practiced by the Egyptian priests about 529 B. C. Since 1800, however, medical practice has been completely transformed by physiological and chemical research. According to these facts medical science should by no means be in its infancy. But despite all medical and surgical knowledge there seems to be more sickness and disease now than ever before. People of today are far wanting in health and it seems as if conditions were really becoming worse right along.

As stated above, medicine has been practiced for a considerable length of time and I maintain that if medicine could do what it's claimed to do disease would at least be materially checked by this time.

Look back at the past. What has medicine done to prove its value? Has disease been satisfactorily checked? No. Has our health improved? No. In short, has medicine been of any value to us at all?

Some people are inclined to think that medicine really cures the disease. Medicine never did cure any disease, nor it never will. The healing power is within the body and when a person is sick it is this latent power in itself that cures the disease and not the medicine. This has been proven time and time again. If the patient has enough of this power within him to conquer the disease he survives. If he has not, all the drugs and medicine under the sun could not help him in the least.

It is a proven fact that where the most drugs are used the most sickness is found and where drugs are

used less, vigorous health is to be found. It makes no difference where one goes, where people use the most drugs there will you find the most sickness.

I knew a man who was in the habit of carrying several little boxes of pills and other "remedies" in his pocket wherever he went. Instead of receiving benefit from the "remedies" his health began to fail to such an extent that he was compelled to give up his position and move to a different climate. This is merely an example which shows that the more drugs a person uses the worse he will become, and the less medicine a person uses the better he is off.

Many people fully realize that what I say is true, but still continue to poison their system with drugs. All drugs are harmful, more or less, and they go a long way in impairing one's health. Drugs have ruined thousands upon thousands of human lives and will continue to do so. The only way you can protect yourself against this evil is to shun drugs entirely.—Sixten Carlsson.

**PAY-UP WEEK.**—The first week in October at Wichita, Kan., is called Pay-Up Week. Every one in Wichita who has debts is reminded by his creditors and his conscience to pay up. The press also takes a hand at reminding.

Chicago should have a Pay-Up Week. If every one in this big city would take a notion to pay their debts in one week a wave of prosperity would come that would last until the next annual Pay-Up Week. If every creditor would receive what is due him in one week what a great boost it would be to his business. The grocer, the butcher, the milkman, the laundryman, always have difficulty in collecting some debts. It is usually those who can best afford to pay that don't pay.

Now that Big Bill's prosperity day was a failure and he couldn't bring prosperity by having a parade, let us