

Book News

A new book by Ironquill brings visions of jingles and measured rhyme. In a book way Mr. Ware is known to many as a poet. Therefore it will not be a surprise when it is announced that Ironquill is the author of a new legal text book. It isn't one of the dry, musty kind, however. It's title is "Roman Water Law" and it might properly be called a history.

Mr. Ware became interested in the Roman water law through his connection with modern irrigation cases and the farther he delved the more interested he became. He found rare old Latin texts which he translated with great care. These he has given to the world revised and freshened. While the book is intended for lawyers, it will interest any student of history. The book is published by the West Publishing Company of St. Paul, Minnesota.

Frank L. Baum's book, "Queen Zizi of Oz," which the Century Company has just published, promises to be as popular as "The Wizard of Oz." As a fairy tale it is a gem and it has the dramatic adaptability of its predecessors.

David Graham Phillips' new book, "The Social Secretary," is out. It is from the press of the Bobbs Merrill company and that enterprising firm has fairly outdone itself to give the contents an attractive setting.

Moffat, Yard & Company of New York announces the publication of Mr. John P. Benson's amusing drawings and verses known far and wide as "MIL BOWSER'S MAD DOG."

MIL BOWSER'S MAD DOG.
If He Ever Meets One He Will Do the Right Thing.

Mr. and Mrs. Bowser sat on the front steps at sundown of a hot evening, and while he smoked his cigar he carelessly glanced over the evening paper. He had been reading for fifteen minutes when he suddenly exclaimed: "By George, but that man ought to be clubbed for a fool!"

"What is it?" was asked.

"Why, a man in St. Louis was going along the street when the cry of 'mad dog' was raised. He looked up and saw the brute coming, and what did he do but run into a yard where several children were playing, and of course he escaped while they were taken. There ought to be a law to take hold of such cases. Ten years in prison would be too little for him."

"I suppose he was rattled by the suddenness of the thing."



"I shall throw up my hands," said the man.

"But he had no business to get rattled. If a man hasn't his nerve with him he should keep off the street. I haven't gone outside the gate in fifteen years without being prepared for the cry of 'mad dog,' and knowing just what I would do."

"Would you climb a shade tree?"

"What? Do you wish to insult me?"

"I had forgotten how fat you were."

"Another insult! Mrs. Bowser, if

"I shall throw up my hands," said the man.

How Is Your Heart?

Is your pulse weak, too slow, too fast, or does it skip a beat? Do you have shortness of breath, weak or hungry spells, fainting, smothering or choking spells, palpitation, fluttering, pains around the heart, in side and shoulder; or hurt when lying on left side?

If you have any of these symptoms your heart is weak or diseased, and cannot get better without assistance.

Dr. Miles' Heart Cure strengthens weak hearts, and rarely ever fails to cure heart disease. Try it, and see how quickly you will find relief.

"About January 1st, 1902, I took down with me a headache, dizziness, and gradually grew worse. I was told by my family physician that my case was hopeless. My neighbors and family had given me up to die. My limbs and body were swollen to one-third larger than normal size, and water had collected around my heart. For at least three months I had to sit propped up in bed to keep from smothering. I sent for five bottles of Dr. Miles' Heart Cure, and by the time I had taken them all I was entirely cured. I feel better than I have for twenty years, and I am able to do any kind of work on my farm. My attending physician told me that if it hadn't been for Dr. Miles' Heart Cure I would now be in my grave."

—C. C. WILSON, Ky.

Dr. Miles' Heart Cure is sold by your druggist, who will guarantee that the first bottle will benefit. If it fails he will refund your money.

Miles Medical Co., Elkhart, Ind.

"The Woodbeasts." The book contains sixty-three drawings in black on a tint plate, the verses on the opposite pages. Mr. Benson's astonishing animals possess a fascination to old and young alike that is indescribable. The book is in fun of a quality wholly new, original and immortal.

"Editorial Wild Oats" is the title of Mark Twain's new book. It bears the Harper imprint.

It is announced that the title of Tom Messon's forthcoming book of humor will be "A Corner in Women, and Other Follies." The book will contain upwards of a hundred dialogues, lampoons, stories, sketches, verses and essays, all of a highly humorous kind, and each armed with its shaft of satire and philosophy. It is no exaggeration to say that this volume will reveal the author one of the smartest observers of character and manners of our day.

Captain A. T. Mahan's important new contribution to American history, entitled "Sea Power in its Relations to the War of 1812," will be published in two volumes, superbly illustrated, in October. The first English edition will be as large as the American.

Charles F. Lummis, the Western explorer and Indian archaeologist, whose story of the curiosities and romance of "Pioneer Transportation in America" begins in the October McClure's, injects into his occasional fiction the same quality of buoyant vitality and aggressiveness that flavors even his informative writings.

You have lost what little sense you had when you were born you'd better hunt up an asylum."

"But it seems to me," she protested, "that most any man would climb a shade tree to get away from a mad dog."

"Probably most any man would, but Lemuel Bowser is not one of the sort. I am glad this subject came up. Now, then, let us suppose a case."

"Yes."

"You read in the papers that on a certain day Pincham & Stecken are going to put on a sale of 2,500 pairs of women's stockings at 25 cents a pair—former price 60."

"Well?"

"You sneak out of bed in the night and steal two or three dollars out of my pocket, that you may attend this sale."

"I don't do anything of the kind, Mr. Bowser! I never took as much as a penny out of your pocket, and you know it. You talk about my insulting you, but what do you call it when you charge me with being a thief?"

"I was simply making an illustration, though sums of money have disappeared from my pocket in very mysterious ways. We will discuss that part of it later on, however."

"No, we won't! We'll discuss it right here and now! Do you say I ever took money from your pockets?"

"I make no specific charge, Mrs. Bowser. I simply say that I have missed small sums from my pockets at various times. It may be that the rats took it. We are now ready to take up the mad dog case again. You get money somehow and start to go down to the sale. You are bound to have at least five pairs of those stockings if you break your legs in the crush about the bargain counter. Evidence steps in to prevent you from making a donkey of yourself. In other words, between this house and the corner you hear the shout of 'mad dog!' What I want to ask you is, what course of action would you adopt?"

"I can't tell."

"But you must be able to tell. You must have a course thought out and ready to be acted on."

"Well, I should first scream."

"I don't doubt it."

"Then I should rush into the nearest house."

"There would be no playing. I shall do a natural and perhaps a brave act, and if the public insists on calling me a hero I shall have to submit to it."

"On hearing that dreaded cry, Mrs. Bowser—on hearing a cry that has more than once appalled the stoutest heart—I shall come to a halt. I shall locate the animal. If he is coming my way I shall get ready for him. When he is within thirty feet of me, frothing at the mouth and raving for my destruction, I shall throw up my hands—so. That will attract his attention in an instant. As soon as he begins wondering what he is up against

I will fasten my eyes on his. He will shy off into the roadway and pass me he will sit down and whine."

"That is, you think he will."

"That is I know he will. If he sits down I will slowly and gradually approach him, never for the fraction of a second allowing my eyes to wander from his. As I draw near he will shiver and shake. When I am within three feet of him he will howl in a lugubrious manner and fully realize that his doom is sealed and won't then taken my case in both hands, like a soldier charging bayonet, and with a mighty jab I shall reach his brain by piercing his eye. The animal will end. It will only remain for the reporters to interview me, and for the Humane Society to forward its medals and a complimentary certificate."

"Mr. Bowser, if you weren't my husband—"

"Look out, now! No further insults!"

"If you heard any other man talking that way you'd call him a concealed ass."

"What! What!" he shouted, as he jumped up. "Mrs. Bowser, I allow no living person, man or woman, to talk to me in that way. I have told you what I should do in a certain emergency. By what right do you call me names and dispute that I would do it?"

"Because nobody ever heard of a man going through all the performance with a mad dog. You might hold up forty hands and he wouldn't stop. You might look at him with ten eyes, and it wouldn't do you any good. You should say the proper thing for you to do would be to crawl under a wagon or climb a tree. Shant we go over to Brady's and get some ice-cream?"

"Brady's! Ice-cream!" he gasped, as he flushed red and white. "You talk to me of Brady's and ice-cream after insulting me fifty times over! By the seven bob-tailed cows that gave milk to the children of Moses—"

"Then his feelings overcame him, and he descended the steps and went out to the gate to wonder what he should do. He was standing there in an undecided frame of mind when a big, lumbering dog that was trotting along on the opposite side of the street espied the Bowser cat on the lower step. He was out for game, and he spotted her. He came rushing across the street, and in his impetuous haste he struck Mr. Bowser's legs and brought him down, and at the same instant a hoodlum yelped out "Mad dog!" The crowd went racing around the yard, with the dog a good second, and they had both jumped over Mr. Bowser twice before he could get up. When he did reach his feet he made a rush for the house, taking the steps two for one. Mrs. Bowser sat there, but he saw her not. As soon as he could get inside he shut and locked the door and got to the second story.

The cat climbed a tree, the dog passed on, and ten minutes later the door was unlocked and Mr. Bowser came down.

"I didn't see you raise your hand to attract his attention, nor yet look him in the eye," remarked Mrs. Bowser, as demurely as she could.

Mr. Bowser didn't reply. He didn't notice her. After a brief look around for other mad dogs, he marched down the steps, out of the gate and up the street. He wanted her to think that he was going to the nearest saloon to fill up to the chin, and the result was four or five cold-blooded murders.

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"Of Interest to Women."

GRACEFUL WOMANHOOD

Lung and Throat Troubles Disappear When the Voice is Trained.

The one essential characteristic of graceful womanhood is poise. With the mind this is self-possession attained by having an ideal in life and living up to it under any and all difficulties. With the body it is a perfect control of every member acquired by steady control of the breathing apparatus, the engine of the physical machine. Singing is the art which teaches this control as nothing else can.

"But," one girl says, "I can't sing and I can never learn how to sing. In the first place I haven't any singing voice."

The expert answers: "Every girl has a singing voice if she once learns to use her diaphragm. Her tones may



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It is the only form in which wheat food should be given to young children, because it is entirely free from the outer husk or irritating fibre. Contains all the life-giving salts.

Rightly to understand the value of voice culture, a girl must consider first of all the exercises which help her to get control of the diaphragm.

No. 1. Place the hands on the side of the ribs so that the elbows stand straight out from the body and the finger tips cover the lower edge of the front of each rib. With the base of the hands press in the ribs until every bit of air is expelled from the lower part of the lungs and the fingers almost meet. Now inhale slowly through the nostrils, allowing the lower part of the lungs to expand first, the hands separating gradually until they are as far apart as the breadth will spread them.

No. 2. With the tips of the fingers on the very middle of the chest, press down on the breast bone until the lungs are contracted to their utmost. Inhale gently, filling the lower part of



THE DUCHESS OF MARLBOROUGH, WHOSE THROAT HAS BEEN OPERATED UPON.

Consuelo, duchess of Marlborough, who is in this country, has just had an operation performed for a throat affection from which she has long been a sufferer. The operation is said to have been eminently successful. The duchess, before her marriage, was Consuelo Vanderbilt, daughter of William K. Vanderbilt of New York.

of tight clothes around the waist becomes unendurable.

So much for the direct benefits from the fundamental exercises of voice culture which are to singing what five finger exercises are to the playing of the piano. They continue during the time the singing lessons begin until long after the opera or concert singer steps into public notice with a finished voice.

Indirectly the benefit of the exercises are legion, chief among them to a girl being the acquisition of a calm, dignified bearing. Some of the benefits of truth of this may be obtained in a very simple way. When you feel particularly nervous in someone's presence or at the prospect of meeting a new person, take a long, deep breath and exhale slowly by use of the diaphragm muscle. Your uneasiness will give way almost immediately to a feeling of security and self-confidence. This seldom fails and its constant practice in singing soon makes a certain assurance as well as a calm control of the body, habitual.

Not all the physical value of voice culture, however, is secured from proper use of the diaphragm. Singing also cultivates the use of the mouth and in bringing the tones of the voice forward, relieves all tension at the back of the throat and the vocal chords.

Just here is where incompetent teaching displays its bad effects. The voice which is hard, the voice which does not hit a note squarely on the head and the voice which has to screech to be heard all belong to the same class. All are due to the same cause and in the end produce equally injurious results.

When a singing tone is directed from the diaphragm muscle, the breath rushes over the vocal chords straight to the front of the mouth. It stands to reason, therefore, that when one first begins to sing, the power of the diaphragm is limited and the tone should be small. A noisy tone at first means that some other agent has stepped in to help. This is usually the back of the throat which contracts and forces out the tone, eventually hardening the muscles and causing all sorts of trouble with the larynx and the other vocal organs.

On the other hand, a tone which comes straight from the diaphragm grows gradually stronger as the lever muscle acquires power. The voice passing over vocal chords which are not strained by contraction of the throat strengthens all the delicate organs and sends any one who sings moderately almost proof against cold.

The sounding board for the tone is the roof of the mouth and the lips. When it strikes this board properly it should vibrate so that the very faintest note can be heard throughout a room. A weak singing voice usually indicates that the tone does not strike the sounding board as it should. If the tongue is held in position for yawning the tone has a perfectly free sweep and vibrates with full force.

The upper lip determines the color of the tone; that is, the sound of the consonant and vowel which forms the word that is sung. This is a part of the face which has little consideration from the average girl, while if she did but know it, the upper lip is one of the most important factors in a pleasant, happy expression. A singing exercise for the upper lip is to exaggerate the position which it takes on the different vowels. For instance, after inhaling deeply, sing on one note as, e, i, o and ee. AA requires the mouth to be well open. A has the corners slightly drawn back, but the upper lip quite free from the teeth. E pulls the lip up and out. O pushes the lips forward and oo has them well puckered out into trumpet shape.

Such an exercise, of course, is only to limber the upper lip. These exaggerated movements are not at all necessary to correct sweet singing, but they greatly improve the appearance of a girl's mouth and enable her to learn from an unbecoming display of the upper teeth.

This concludes the fundamental principles of voice culture, and the exercises given are very rudimentary. They are the basis for all others. The girl who would study singing seriously must go much deeper into voice culture than this short article permits. The few rules set down give an idea of the scope of the singing voice. In its perfection it requires the concentration of the entire physical being, the lever of which is the diaphragm, and the girl who would have poise and self-possession summed up in one word—"charm"—must master first the art of singing.

SALLY CHAMBERLIN.

"Congratulations, me, Grayce. I've just been married."

"I wish you joy, Gladys. And you must also congratulate me."

"On what?"

"I've just been divorced."—Louisville Courier-Journal.

the lungs first. Allow the chest to rise slowly until it is thoroughly expanded, and the elbows are standing straight out and pointing well back from the body.

No. 3. Rest the fingers on the fleshy part of the body which lies just at the separation of the two ribs. As you deliberately count ten, inhale, holding this point steadily as the lever of the breathing apparatus. When the lungs have reached the limit of expansion, explode the breath suddenly by a quick drawing in of this lever, which is the controlling muscle of the diaphragm. Like the handles of a bellows, it governs the drawing in and letting out of the breath.

The last exercise has to be worked up gradually, as it is apt to make a person dizzy at first. As the diaphragm gains strength, the breath is exploded on the words ba, ba, be, bo, boo in turn.

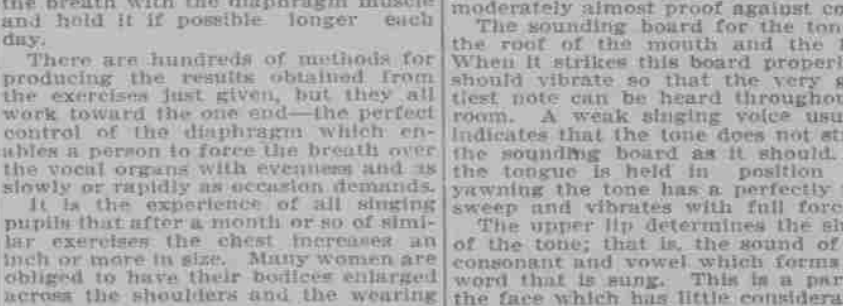
None of these exercises can be practiced in tight clothes. The body must be perfectly free in order to expand to its full capacity and contract accordingly. Daily practice is likewise essential. The effect is a strengthening of the walls of the chest, expansion of the internal organs, and last and most important, the awakening of the diaphragm to its sustaining powers.

There are hundreds of methods for producing the results obtained from the exercises just given, but they all work toward the one end—the perfect control of the diaphragm which enables a person to force the breath over the vocal organs with evenness and as slowly or rapidly as occasion demands.

The least bit of impatience will cause it to flicker.

No. 3. Repeat the Twenty-third Psalm, keeping each word as free from weight as were the vowels in the preceding exercise. In both cases sustain the breath with the diaphragm muscle and hold it if possible longer each day.

HE STRUCK MR. BOWSER'S LEGS AND BROUGHT HIM DOWN.



would only show your big feet for nothing."

"If there was a man selling vegetables, perhaps I might jump into his wagon," said Mrs. Bowser, after mature thought.

"Humph!"

"Well, then, what should I do? What could I do?"

"You should and could make a hero of yourself. It would be a grand opportunity."

"Oh, I see. Then if you ever meet a mad dog, you are going to play the hero?"

"There will be no playing. I shall do a natural and perhaps a brave act, and if the public insists on calling me a hero I shall have to submit to it."

"On hearing that dreaded cry, Mrs. Bowser—on hearing a cry that has more than once appalled the stoutest heart—I shall come to a halt. I shall locate the animal. If he is coming my way I shall get ready for him. When he is within thirty feet of me, frothing at the mouth and raving for my destruction, I shall throw up my hands—so. That will attract his attention in an instant. As soon as he begins wondering what he is up against

not have the sweetness of Patti's nor the power of Nielsson's, because these qualities depend on the shape of the vocal organs and unceasing practice. But there is no reason why every girl should not learn to sing melodiously, and in singing secure the physical benefits which accrue from proper use of the voice."

Rightly to understand the value of voice culture, a girl must consider first of all the exercises which help her to get control of the diaphragm.

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No. 2. With the tips of the fingers on the very middle of the chest, press down on the breast bone until the lungs are contracted to their utmost. Inhale gently, filling the lower part of

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