

THE SNOW MOUNTAINS

SNOW-CAPPED SUMMITS OF RUWENZORI RANGE.

Impression That This Was a Single Mountain Is Corrected—It Proves to Be a Mountain Range from 70 to 80 Miles Long.

Those who read many books of exploration know that a long period of investigation and the work of quite a number of explorers is usually required to give the world a fairly accurate idea of any new region, says the New York Sun. The first explorer comes home with very interesting information, but he rarely has time to make careful studies. There is much he does not see and he makes blunders with regard to geographic or other features that he has only superficially examined. The next explorer returns with new information about the same region, corrects blunders made by his predecessor and makes new blunders of his own. Thus explorer succeeds explorer, each showing the region in some new light, each eliminating some mistaken impressions concerning it till, at last, we drive from the sum total of work done, a fairly accurate and comprehensive idea of the new region. The explorations of the very interesting mountain region of Ruwenzori, in Central Africa between the north ends of Lake Albert Edward on the west and Victoria Nyanza on the east, is the latest illustration of the fact that the joint labors of a number of explorers are required to give the world the real facts about little-known territory. When Stanley came home from his Emin Pasha expedition in 1889 he reported a great snow mountain called Ruwenzori by the natives. One of his party, Lieut. Stairs, ascended the mountain to a height of 10,000 feet and came to the conclusion that the different snow peaks he saw were so many fragments of the broken rim of an old volcano. The impression made by the report of this discovery was simply that another great snow mountain had been discovered and that it was surpassed in height only by Killimanjaro and Kenia among African summits. The work of Dr. Stuhlmann in 1890 did not remove this impression, but, while Stairs thought he saw the broken-down rim of an old volcano, Stuhlmann thought these peaks were mountains of deformation, or, in other words, that they had been formed by the crushing, uplifting and forcing together of the rocks. Then came Scott Elliott's explorations, in which he still spoke of Ruwenzori as a single mountain. For twelve years, therefore, geographers have spoken and written of Ruwenzori as a great eminence dominating lesser peaks to the north and south of it. But now come the description of Mr. J. E. S. Moore, who has made a careful study of this region and gives a different impression of it from that derived from the reports of his predecessors. He says Ruwenzori is not a single mountain, but is a mountain range from seventy to eighty miles in length. The mountains are not of volcanic origin, but of deformation, and form a succession of ridges, very lofty and covered with snow. Between the ridges are deep valleys and there is not merely one line of ridges, but a series of parallel ridges, so that this mountain region has important breadth east and west as well as seventy or eighty miles of extension north and south. The natives do not apply the name Ruwenzori to one mountain, but to the entire range, and they have distinctive names for the various summits. Scott Elliot said the highest peak, or Ruwenzori, is 16,500 feet in height, but Mr. Moore declares that, as far as he knows, it is as yet quite impossible to determine which of the numerous snowy peaks in the range is the highest, much less to give its exact height. One of the highest of the mountains is Ingomwimbi. It is a part of the central mass of the range. Moore ascended this mountain and found it a very steep and difficult ascent, sometimes along the edges of yawning chasms and always over slippery rocks or great fields of snow and ice. From the summit he could see the great central mass of wild and very lofty mountains, at least four of whose peaks are snow-capped; on the north and south of the central mass are deep valleys and beyond them are other white snow peaks to the north and south. As far as he could tell this central portion was the highest part of the range, but he is not certain that this is so.

The World's Rulers.

There are over sixty "rulers" in the world, and it is surprising to find that the presidents outnumber the kings. There are twenty-four presidents and only twenty kings. But the balance is more than made straight by the emperors, sultans, mikados, rajahs, khedives, amiers and other potentates, who prefer their special title to that of king. Only one reigning monarch in the world, if we except her most important majesty of China, is a woman. This is Queen Wilhelmina.—Pittsburg Dispatch.

A Typographical Error.

A young lady wrote some verses for a local paper about her birthday, and headed them "May 30th." It almost made her hair turn gray when it appeared in print, "My 30th."—Tit-Bits.

If You Have Rheumatism

Send no money, but write Dr. Shoop, Racine, Wis., box 148, for six bottles of Dr. Shoop's Rheumatic Cure, express paid. If cured pay \$5.50; if not it is free.

An Error in Classification.

Percy—Skitts is a sponge—a perfect sponge.

"Oh, no! When a sponge absorbs anything, by squeezing it you can get it again.—Detroit Free Press.

Spring Cleaning Made Easy.

Much of the terror of Spring Cleaning may be avoided by good management. Settled weather should be selected for the work, and every thing necessary provided beforehand. Ivory Soap will be found best for washing paints, floors and windows; it is harmless and very effective in making the house clean and fresh.

ELIZA R. PARKER.

The Way It Goes.

"In those two warm days this week winter seemed to have slipped a cog." "Likely enough. Winter is generally wound up with a spring."—Philadelphia Times.

How's This?

We offer One Hundred Dollars reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

West & Truax, Wholesale Druggists, Toledo, O.; Walding, Kinnear & Marvin, Wholesale Druggists, Toledo, Ohio.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75c per bottle. Sold by all druggists.

Hall's Family Pills are the best.

A Financial Quicksand.

"Would you like an increase of salary, Mr. Smith?"

"No; it's no use."

"No use?"

"If I had more money, I would have to pay more debts."—Detroit Free Press.

Are You Using Allen's Foot Ease?

It is the only cure for Swollen, Smarting, Burning, Sweating Feet, Corns and Bunions. Ask for Allen's Foot-Ease, a powder to be shaken into the shoes. At all Druggists and Shoe Stores, 25c. Sample sent FREE. Address, Allen S. Olmsted, LeRoy, N. Y.

His Status.

"Look here, my dear, I cannot afford to entertain on such a scale as you have indulged in of late."

"John, I really believe you are just the kind of a man who would be perfectly happy if you lived within your income."—Life.

Fit's Permanently Cured. Nerves or nervousness after first day's use of Dr. King's Great Nerve Restorer. Send for FREE \$3.00 trial bottle and treatise. DR. R. H. KING, Ltd., 531 Arch St., Philadelphia, Pa.

It is a remarkable fact that the chameleon, when blindfolded, loses the power to change its hues, and the entire body remains of a uniform tint.

IN 3 OR 4 YEARS AN INDEPENDENCE ASSURED



If you take up your homes in Western Canada, the land of plenty. Illustrated pamphlets, giving experiences of farmers who have become wealthy in growing wheat, reports of delegates, etc., and full information as to reduced railway rates can be had on application to the Superintendent of Immigration, Department of Interior, Ottawa, Canada, or to W. H. Rogers, Watertown, S. D. Special excursions to Western Canada during March and April.

OF HIS HOME AT GENEVA.

George Graham Tells of the Difference Between Life in America and Europe.

George Graham, in speaking, recently, at the Hotel Victoria, of the difference between living in this country and Europe, said:

"I had a friend who had to put in some time in Switzerland, and so he took a house in Geneva. The house, he was assured, had all modern comforts, but he found by experience that the assurance had to be qualified by the phrase, 'as modern comfort is known in Geneva.' The house was only just completed when he moved in, and he straightway received congratulations from the merest acquaintances because of the fact that his domicile possessed a bath room. The bath was installed after he took possession, at a cost, so he asserted, of the full cost of the bath room being added yearly to the rent. However, its possession, made him a marked and important person in the community, so he did not much mind the extra cost. The warm water was supplied from a detachable gas furnace, which finally blew up, and after that they bathed cold. The apartment was lighted by electricity, but there were no fixtures, so he had to purchase them. He said afterward that any man who had a modern apartment to rent, Geneva style, in New York, would be likely to starve to death."—New York Tribune.

How to Signal to Mars.

Take a flag about the size of Europe and mount it upon a staff the length of the circumference of the earth. Then generate sufficient electric fluid to illuminate the material, which should be of a conductive character. Having done this, apply the fluid to the material with the assistance of all the electrical waves of the solar system. Next, change the laws of nature inasmuch as to prevent the operation of waving so gigantic a flag as the signal. Select a day when the conditions are favorable and put the apparatus in operation. Then, if the Martians are on the alert they may possibly observe the signal and reply to it, say, in a couple of centuries. If you do not obtain a manifestation, conclude that the inhabitants of Mars are looking another way.—London Punch.

Wanted Thirteen-Inch Shells.

The negro porter in a certain office building applied to a young lawyer who had frightened him on various occasions, and asked him to write out all the big words he knew on a piece of paper.

The lawyer, being puzzled at the request, asked the negro what he wanted with the words.

"Well, yo' see, boss," said the darkey, "I is goin' to have a debate with a sassy young nigger who thinks he is eddicated. He don't know big words, an' he hasn't got de sense to find out how to git dem; an' if you'll jes' help me out, boss, I will do dat nigger up in de fust round."—Nemphis Scimitar.

Good Time Coming, Girls.

"The girls that are growing up now will have one important advantage over the young married women of today."

"What's that?"

"Their husbands will not be continuously telling them of the fine cooking their mothers used to do."

"How do you know?"

"Because the cook won't allow the mothers of the coming race to stick their noses into the kitchen."—Chicago Times-Herald.

He who sows peas on the highway does not get all of the pods into his barn.

BISHOP HANDY

SAYS

"I Cheerfully Recommend Peruna to All Who Want a Good Tonic and a Safe Cure for Catarrh."

Prominent members of the clergy are giving Peruna their unqualified endorsement. These men find Peruna especially adapted to preserve them from catarrh of the vocal organs which has always been the bane of public speakers, and general catarrhal debility incident to the sedentary life of the clergyman. Among the recent utterances of noted clergymen on the curative virtues of Peruna is the following one from Bishop James A. Handy, D. D., of Baltimore:

"I take great pleasure in acknowledging the curative effects of Peruna. At the solicitation of a friend I used your remedy and cheerfully recommend your Peruna to all who want a good Tonic and a safe cure for catarrh."—James A. Handy.

OTHER NOTABLE CURES.

A Husband Escaped the Pangs of Catarrh of the Lungs.

Most Cases of Incipient Consumption Are Catarrh.



Edward Stevens.

Mrs. Edward Stevens of Carthage, N. Y., writes as follows:

"I now take pleasure in notifying you that my husband has entirely recovered from catarrh. He is a well man today, thanks to you and Peruna. He took six bottles of your medicine as directed, and it proved to be just the thing for him. His appetite is good and every thing he eats seems to agree with him. His cough has left him and he is gaining in flesh, and seems to be well every way. I hope others will try your medicine and receive the benefits that we have."—Mrs. Edward Stevens.

When the catarrh reaches the throat it is called tonsillitis, or laryngitis. Catarrh of the bronchial tubes is called bronchitis; catarrh of the lungs, consumption. Any internal remedy that will cure catarrh in one location will cure it in any other location. This is

He who builds according to every man's advice will have a crooked house.

If everyone knew how good a remedy was Hamlin's Wizard Oil its sales would double in a day.

The sky is not the less blue because the blind man does not see it.

Hold on to virtue; it is above all price to you in all times and places.

why Peruna has become so justly famous in the cure of catarrhal diseases. It cures catarrh wherever located. Its cures remain. Peruna does not palliate; it cures.

Mrs. Frederick Williams, President of the South Side Ladies' Aid Society of Chicago, Ill., writes the following words of praise for Peruna from 973 Cuyler ave., Chicago, Ill.:

"My home is never without Peruna, for I have found during the past six years that there is no remedy that will at once alleviate suffering and actually cure, as Peruna does. Four bottles completely cured me of catarrh of the head of several years' standing, and if my husband feels badly, or either of us catch cold, we at once take Peruna, and in a day or two it has thrown the sickness out of the system."—Mrs. Frederick Williams.

Mrs. W. A. Allison, of 759 Sheffield avenue, Chicago, Ill., is the Assistant Matron of the People's Hospital. She has the following to say about Peruna:

"I have had frequent opportunities to observe the wonderful curative effects of Peruna especially on persons suffering with a congested condition of the head, lungs, and stomach, generally called catarrh. It alleviates pain and soreness, increases the appetite and so tones up the entire system that the patient quickly regains strength and health."—Mrs. W. A. Allison.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

CURE FITS FREE
A Full-Sized 21 Treatment of Dr. O. Phelps Brown's Great Remedy for Fits, Epilepsy and all Nervous Diseases. Address O. PHELPS BROWN, 95 Broadway, Newburgh, N. Y.

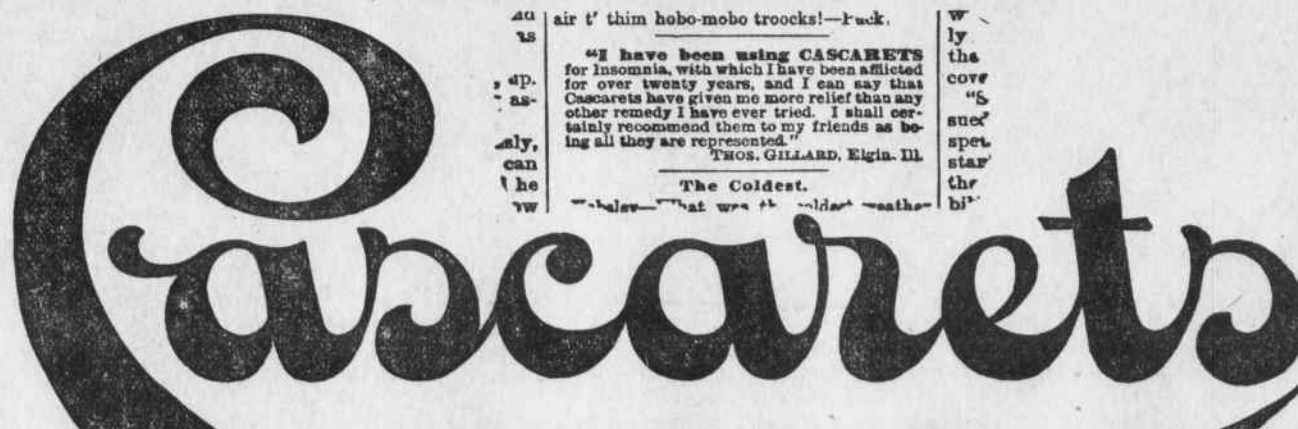
Afflicted with sore eyes, use **Thompson's Eye Water**

When Answering Advertisements Kindly Mention This Paper.

S D N U —No. 17— 1901.

Can't Sleep?

Did you ever have that feeling of oppression, like a weight on your chest, or a load of cobblestones in your stomach, keeping you awake nights with a horrible sensation of anxiety, or tossing restlessly in terrible dreams, that make the cold perspiration break out all over you? That's insomnia, or sleeplessness, and some unfortunates suffer with it night after night, until their reason is in danger and they are on the edge of going mad. The cause of this fearful ailment is in the stomach and bowels, and a Cascaret taken at night will soon bring relief and give the sufferer sweet, refreshing sleep. Always insist on getting CASCARETS!



BEST FOR BOWELS AND LIVER.

THIS IS



THE TABLET

THEY WORK WHILE YOU SLEEP

10c.

25c. 50c.

NEVER SOLD IN BULK.

DRUGGISTS

GUARANTEED TO CURE: Five years ago the first box of CASCARETS was sold. Now it is over six million boxes a year, greater than any similar medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith, and will sell CASCARETS absolutely guaranteed to cure or money refunded. Go by today, two 50c boxes, give them a fair, honest trial, as per simple directions, and if you are not satisfied, return the unused 50c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take our advice—no matter what ails you—start today. Health will quickly follow and you will bless the day you first started the use of CASCARETS. Book free by mail. Add: STURGIS READY CO., See Tick or Chicago.