

# NO WOMAN CAN KEEP HOUSE EFFICIENTLY

Without Good Health



MRS. FRANK DINDORE  
823 PIERCE AVENUE, LANCASTER, OHIO

## Four Walls Can Make a House, but it takes a Woman to Make a Home

To be a successful homemaker, a woman must guard her health. When mother is not well, the home is upset. Women everywhere are learning through their own personal experiences, as these women did, the merit of Lydia E. Pinkham's Vegetable Compound.

Lancaster, Ohio.—"For ten years after my marriage, I had poor health.

I was on a visit to my sister in Utica, Michigan, and she had taken Lydia E. Pinkham's Vegetable Compound. Her husband got me a bottle and I took it and felt so much better that I got a second one. Now, whenever I feel run-down I take the Vegetable Compound and soon feel all right again. I have had three little girls in the last six years and do all my housework, sewing, washing, and ironing. My time is pretty well taken up, but I will answer any letters I receive."—Mrs. FRANK DINDORE, 823 Pierce Avenue, Lancaster, Ohio.

Sturgis, Michigan.—"I am very thankful for what your medicine has done for me and have recommended it to others. I took it to give me strength before my baby was born. I would have to stop work and lie down sometimes all the afternoon. I felt as if I did not care whether anything was done or not. I got tired out so easily. One day I found a little book on my porch and that night I showed it to my husband and he went down town and got me a bottle of Lydia E. Pinkham's Vegetable Compound. The medicine has helped me so much that I was soon able to do my work, and when my baby was born, my nurse, Mrs. Forbes, said it was the easiest birth she had ever attended. I will be more than pleased if I am helping someone else by giving my testimonial."—Mrs. EDWARD PRASKE, 208 Surprise Ave., Sturgis, Michigan.

### Early Use of Coal

In Scotland coal was used as early as the Twelfth century.

## Sure Relief



25¢ and 75¢ Pkgs. Sold Everywhere

## Allen's Foot-Ease

Stops the pain of Corns and Bunions and you can walk all day in ease and comfort. Nothing gives such relief to hot, tired, aching, inflamed or swollen feet, blisters or calluses. A little ALLEN'S FOOT-EASE sprinkled in each shoe in the morning will make you forget about tight shoes. It takes the friction from the shoe. Always use it for dancing and to break in new shoes. For free sample and a Foot-Ease Walking Doll, address ALLEN'S FOOT-EASE, Le Roy, N. Y.

## BLACKHEADS

cannot be hidden. Get rid of them now by regular treatments with

## Resinol

STOP THAT COUGH with Boschee's Syrup—the old reliable family remedy that has been in use for 60 years. Loosens and brings up the phlegm and eases the dryness and irritation. At all druggists. 30c and 90c. If you cannot get it, write to G. G. GREEN, INC., Woodbury, N. J.

W. N. U., BILLINGS, NO. 19-1926.

### Matter of Opinion

"Is that your dog, Willie?" "Well, the man next door thinks he owns him."

### Shave With Cuticura Soap

And double your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses—shaving, bathing and shampooing.—Advertisement.

A two-faced person has, at least, one pleasant face.

# Children Cry for



MOTHER:—Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages.

To avoid imitations, always look for the signature of Dr. J. C. Fletcher. Proven directions on each package. Physicians everywhere recommend it.

# POULTRY

## DIFFERENT CAUSES FOR POOR HATCHES

Many small factors in the management of the flock can often affect the results which are attained in hatching eggs. With the present development of the incubators the expert operator is usually able to secure good results if the original hatching quality of the eggs is satisfactory. In the large hatcheries it is often observed that different trays of eggs run side by side will show a marked difference in the number of chicks hatched. The reason for this difference lies in the original eggs.

Some of the factors that help to secure satisfactory eggs for hatching are as follows:

Mature breeding stock. The usual age agreed upon is nine months. Many prefer females in their second year.

Plenty of male birds. Many supply one cockerel to ten hens, but the majority agree that one cockerel to fifteen hens is sufficient with the light breeds.

Remove diseased birds from the flock.

Birds which are otherwise confined should be given an outside runway when it is possible to do so without endangering the health of the birds. Direct sunlight should strike the birds.

Birds should be comfortably housed.

Floors should be covered with a litter of straw and changed whenever it shows any indication of dampness, mustiness or filth.

Artificial light should not be used to stimulate laying for 60 days previous to date of saving first eggs for hatching.

A balanced ration of approximately equal portions of scratch feed and mash should be furnished.

The hens should be supplied with some type of green feed such as mangels or sprouted oats as well as hoppers filled with oyster shell and grit.

Regularity and good care for a month or six weeks prior to saving of eggs as well as during the period of saving of eggs for hatching, combined with the above essentials, should produce eggs which will hatch a high per cent of live chicks.

### Turkeys With Diarrhea

Diarrhea is one of the prominent symptoms of blackhead in turkeys, though it may also occur from other causes. It is a pretty safe guess that blackhead is present when diarrhea appears and the turkeys begin to drop dead, one by one, as the disease progresses. No remedy of any considerable value has yet been found for this trouble. Each turkey may be given a dose of castor oil, one to two teaspoonfuls, when any looseness of the bowels appears. This will clear out any irritating matter.

### Improvement of Flock

One of the most economical methods of improvement of the poultry flock is by the purchase of a few settings of hatching eggs. From these may be raised a few females and enough breeding males to head the flock during the succeeding year. Care should be taken to make sure that the stock from which one is purchasing eggs is superior to his own.

### Nests Easily Cleaned

Nests for laying hens can be easily cleaned if they are built in sections, or tiers, of three or more nests, without bottoms, and set on shelves. When the nests are pulled from the shelf all the straw and dirt will fall to the floor.

### Poultry Notes

Teach birds to roost early—prevents crowding.

Put young chicks in clean house on fresh ground.

Rest chicks in boxes for a few hours before putting into brooder.

Have brooder house ready before the chicks arrive.

Segregate cockerels from pullets as soon as possible. Keep forcing pullets along with mash, even when on range.

Look out for overheated brooders and brooder house fires. Make an inspection of all apparatus regularly and take no chances.

Do you know why big dressed chickens will not sell readily? The city man is a frugal buyer—he has to be—and chicken soon runs up the price when heavy.

If disease is in your flock, there is a cause. Hunt for it; and burn or bury all dead chicks without a second's delay.

If you have "a good old mother hen for chickens" don't kill or sell her. Even if she only lays five eggs a year, she earns her feed in brooding.

To throw away the added eggs at hatching or hatching time is to teach some animal bad habits, or pollute the air. Bury them deep or burn them at once.

# The DAIRY

## COWS ON PASTURE NEED SOME GRAIN

Farmers feeding dairy cows during the spring and summer should be sure to use plenty of properly mixed grain feeds with the legumes or grasses, to get best and cheapest milk returns, according to the national dairy council. Leading college dairymen have made a study of this important problem, and agree that dairy cows cannot possibly consume enough grass to maintain milk flow and their body requirements, too.

"Cows can't make milk on air and water," writes Prof. A. R. Merrill, dairy specialist of the Connecticut experiment station. "They need some feed. Pasture grass is one of the best forms of succulent green feed that we have, but as a rule there is not enough of it. Cows that are dependent on pasture alone cannot get the amount of feed they need. When we stop to consider that the average cow needs 100 to 150 pounds of pasture grass per day for maintenance and production, we can easily see why it is necessary to furnish some additional feed."

"The feeding of grain on pasture is so important," states Prof. E. L. Savage of Cornell university in Dairy-men's League News, "that I am going to take the time and space to emphasize it again. A mixed grain feed containing 17.5 per cent to 20 per cent protein should be fed on pasture."

For farmers who do not raise sufficient grains, there are many balanced ration feeds on the market, use of which will bring profit in increased milk flow. Most of them contain corn, oat and wheat products and other grain raised cheaply in the corn belt states. These eventually find their way into the enormous milk supply of cities such as New York, Philadelphia or Boston, according to the National Dairy Council. Dairymen in New York use large amounts of feed produced in the West, and have learned that they cannot produce milk profitably and maintain their herds without adding a grain ration to spring and summer pastures.

### Big Value of Soy Beans for Production of Milk

In some of the recent experiments reported from the South Dakota experiment station, ground soy beans were found to be similar in effect in the ration to linseed meal, and of somewhat greater value for milk production. Soy-bean hay was found to be more valuable for milk production than alfalfa hay. The ground soy beans do not appear to have any effect on the quality of butter when fed in reasonable quantities, although with some cows they tended to increase the percentage of butter fat. Since the development of oil factories in Illinois, the feeding of soy bean cake from which the oil has been extracted is likely to be considered more practicable than the feeding of the whole ground soy bean.

### Dairy Houses Separate From Other Structures

Every farm should have a suitable place in which to handle and care for milk. Milk ordinances and sanitary regulations of boards of health in many communities require that milk houses or spring houses be part of the regular dairy equipment. Milk or dairy houses separate from other buildings give the best satisfaction. Extension Circular 107, which tells how to build them, will be mailed free by the Pennsylvania State college, if you send your request to the agricultural publications office of that institution at State College, Pa.

### Grain for Cows on Grass

Many feeders fail to observe that cattle are not receiving an adequate ration when running on pasture. Even those who do comprehend that the pasture is too short, often fail to supply extra feed because it is not prepared and the pressure of the season's work causes them to neglect their cows. It would seem that when the pastures are dry, the weather hot, and flies pestering the cows, silage supplemented with some good legume hay is quite as essential as it is in the dead of winter.

### Substitutes for Calves

While milk is the natural and the best food for calves, good ones can be raised on milk substitutes, especially if whole milk is fed for a few days and the calves are then gradually shifted over to the substitute during several weeks—that is given a little less milk each day with it. Even when plenty of skim milk is fed, these commercial meals are very good as the grain ration that a skim milk calf should always have.

### Feed for the Heifer

From weaning time until freshening time, dairy heifers require little grain if they have available plenty of alfalfa or other legume hay and good silage. To assist in the development of the foetus and to get them in good condition for calving, heifers should be given some grain for three or four months before freshening and rather a generous grain ration the last six or eight weeks. Of course, the grain ration should be reduced the last ten days of the gestation period.

# A car for every purse and purpose

IN THE automobile industry several distinct price classes have developed. General Motors is represented in each. The General Motors line of passenger cars comprises 52 different models. They include every open and closed body type and range in price at the factory as follows:

CHEVROLET  
6 Models—\$510 to \$765

PONTIAC  
2 Models—\$825

OLDSMOBILE  
9 Models—\$875 to \$1115

OAKLAND  
6 Models—\$975 to \$1295

BUICK  
16 Models—\$1125 to \$1995

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Quality is the first law of General Motors; and sweeping economies, possible to an institution with the resources of General Motors, are reflected in the prices of General Motors cars. Select the car that suits you from the General Motors line. You may buy it out of income on General Motors' time payment plan (GMAC), which assures fair terms and low rates.

# GENERAL MOTORS

CHEVROLET · PONTIAC · BUICK  
OLDSMOBILE · OAKLAND  
CADILLAC · GMC TRUCKS

"A car for every purse and purpose"

### Just the Rest of It

Phyllis—Jean's young man is a handsome devil, isn't he?  
Doris—You're partly right. He isn't handsome, though.

For your daughter's sake, use Red Cross Ball Blue in the laundry. She will then have that dainty, well-groomed appearance that girls admire.—Advertisement.

### Proof of It

"Happiness is only a matter of imagination."  
"Yes. People imagine that we are happy."



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