

Foods! What and Where to Buy—How to Cook and Serve



So Many Delightful Dishes Can Be Made From Common Old Cornmeal Fried Mush



LENO OSBORNE

Of course every one knows how good fried mush is at this time of the year. A breakfast of good, well browned fried mush is a healthful and appetizing breakfast.

When ready to use, turn on a board, cut in one-fourth inch thick slices, dip in beaten egg, then sprinkle with flour and brown in fat that's not too hot, but of the temperature that will brown slowly.

These slices of golden brown mush, covered with syrup, are delicious. But why not try some of the numerous varieties of serving this dish? For instance:

Fried Mush With Raisins. 1 quart hot mush. 1 cup seeded or seedless raisins. Mix the raisins in with the hot mush before scraping it in the frying pan.

One of the very best combinations of this I ever ate, was at a home luncheon—just a hurry-up noon meal, "without fuss or muss." It was:

Browned Mush With Salmon. Green tomato relish. Hot tea with lemon. Bran bread and butter.

Mush For Frying. 4 cups boiling water. 1 teaspoon salt. 1 1/2 cups corn meal.

friends. A home that does not have scrapple at least once during the winter, has missed a treat. The stories I have heard of how the good cooks of Pennsylvania used to make many, many pounds of this scrapple at butchering time—put it away in huge, cloth-lined boxes for the winter.

Make a small amount to try, first. This will make about three quarts of scrapple.

1 1/2 pounds lean shoulder of pork. 2 quarts water. 2 teaspoons salt. Cut the meat in small pieces and simmer in the water until it falls apart.

Put in an oblong mold, and press down well. When cold and well set it should be almost as firm as a loaf of bread.

PRESS MEETING IN MAY

Newspaper Men Will Be Entertained at Miller 401 Ranch.

PONCA CITY, Feb. 3.—The exact dates of the 1922 state press association meeting in Ponca City will be May 13-14 (Friday and Saturday) with the editors and their wives being the guests of the Miller brothers.

DELEGATES TO GO TO NOWATA

Chamber of Commerce Men Will Convene Soon at Nowata. PAWBUKSA, Feb. 3.—A delegation of at least five will go to Nowata February 7 to attend a chamber of commerce meeting there.

A SeaPac milk wagon driver is to try out a simple spring wheel clamp to prevent tops being knocked from milk cans.

THIRD STREET MARKET. Saturday's Special POULTRY—HENS 28c

Cattlemen Gets Worst of Encounter With a Calf; Goes to Hospital

Special to The World. PONCA CITY, Feb. 3.—Marshall Richmond, a northern Kay county farmer and cattlemen, came out second best in a battle with a yearling calf, Wednesday afternoon, on his farm, which is near the Oklahoma-Kansas border.

As a result Richmond is in a hospital, having undergone an operation which removed three inches of his intestines which were badly torn and penetrated when the calf drove Richmond against the prongs of a hayrack.

LIBRARY PATRONAGE GROWS. Librarian Reports That Books Are Worn Out From Reading.

PONCA CITY, Feb. 3.—People generally are reading more books than in the past, according to the report of the local Carnegie library covering 1921, which shows that a total of 25,231 books were taken from the library.

People Get to Find They Are Not Losing Ground. OILTON, Feb. 3.—Oilton district No. 20 has just completed its census for the year 1922, and it was found that there were 1,149 children of school age in the district.

Improve Streets of Slick. Slick, Feb. 3.—A large force of men and teams is now engaged in grading and chatting the streets of Slick.

State Briefs

Trial in Cherokee County. MUSKOGEE—M. L. Brewer, aged man who is alleged to have been living with his 15-year-old niece, Alice Brewer, at Muskogee, will be tried in the Tahlequah courts.

Says He Held Up Engineer. MALESTER—Postal officials are questioning Lee Lator of Wilberton who is said to have confessed that he held up the engineer on the Santa Fe train that was robbed a few miles south of Edmond a few months ago.

Choctaw Valuation Slumps. HUGO—Valuation on taxable property in Choctaw county is decreasing now, Bud Ply, county assessor, who is at work appraising over the county, has announced. Decrease in the valuation of livestock is the main item.

Norman Professor Honored. NORMAN—Prof. J. W. Shepard, director of the department of visual education in the extension department of the University of Oklahoma, has been appointed chairman of the committee on research and standards which is working under the auspices of the national academy.

County Seat Fight Warmer. CLINTON—Campaigning for the election to be held February 18 to decide the county seat question is growing warmer each day. Custer City and Clinton are the two contending cities for the new courthouse to be built in the near future.

Smallpox Losing Its Grip. HUGO—No new cases of smallpox have been found in the last few days in this section of Oklahoma, physicians have announced following a survey of the situation.

Ouster Suit Heard Saturday. MALESTER—Whether Sheriff W. S. Sanders of Pittsburg county shall be suspended or hold office pending his trial on the ouster charges filed Tuesday will be decided by Judge Milton of the district court in a hearing Saturday. The judge ruled that affidavits must be submitted in support of charges against the sheriff.

Truck Joes Cut Rail Business. MUSKOGEE—Because of the many truck lines radiating from the city on the hard-surface roads built the last few years, the Katy railway will probably temporarily take off one passenger train on the main line, according to officials here on a tour of inspection. It is claimed that passenger income has been hurt 50 per cent and freight revenues decreased materially.

Using Corn For Fuel. SUPPLY—Thousands of bushels of corn are being burned throughout the city and other sections of northwestern Oklahoma. Farmers say it costs them less to burn corn than to use coal. They cannot be made to see why they should haul their corn to town and sell it for approximately 10¢, and they pay from \$12 to \$14 for coal and haul it back home.

Quilting Revs the Race. KENTON—Kenton church women have revived old customs this winter and are piecing quilts, which are sold and the money thus obtained turned to the church funds. It is claimed the proceeds are better than from church bazaars and other latter-day devices for extracting funds from pockets.

State Accepts Sanitarium. CLINTON—Building of the state tuberculosis hospital here were accepted for the state Thursday by Dr. A. H. Lewis of the state health department, after an inspection with



THE FIRST CHOICE OF CHEF AND HOUSEWIFE. The Best Results are Obtained by Using Baker's Chocolate. In making Cakes, Pies, Pudding, Frosting, Ice Cream, Sauces, Fudges, Hot and Cold Drinks. For more than 140 years this chocolate has been the standard for purity, delicacy of flavor, and uniform quality. IT IS THOROUGHLY RELIABLE. 57 Highest Awards in Europe and America. The trade-mark "La Belle Chocolatiere" on every genuine package. WALTER BAKER & CO. LTD. DORCHESTER MASSACHUSETTS. Booklet of Choice Recipes sent free.

THIRD STREET MARKET. Saturday's Special POULTRY—HENS 28c. Also Turkeys, Springers and Broilers. WE DELIVER. Milled in Tulsa Main Line Flour. Here is a flour that will just suit your needs for baking bread, making pastry and all your cooking. It is milled from carefully selected wheat. So don't forget the name—Main Line Flour.

CEDAR 301 CEDAR 302 Stop and Shop

Kansas City Market On Boston Between First and Second

We have found that the public demand a choice quality of food products, properly displayed at the very low price we quote below. That's why our business has increased by leaps and bounds until we are one of the largest retail dealers in food products in Tulsa today.

Meat Department: Choice Missouri dressed Rabbit 25c, Choice home dressed Hens 27c, Star or Certified Bacon, 4 to 6-lb. piece 35 1/2c, Armour's skinned Ham 27 1/2c, Country Cured Bacon 21c, Choice streaked Dry Salt Meat 13 1/2c, Morrell Sliced Bacon 28c, 1-lb. package 28c, 1-lb. boxes all grade sliced Bacon 38c, Bulk Compound 11c, Choice Rolled Baby Rib of Beef 20c, Choice Baby Beef Roast 12 1/2c, Choice corn fed Beef Roast 10c, Choice corn fed Loin Swiss Round Steak 21c, Choice milk fed Veal Shoulder Roast 12 1/2c, Choice milk fed Veal Round or Loin Steak 24c, Choice Pork Shoulder Roast 16 1/2c, Choice Pork Loin Roast or Chops 17 1/2c, Choice Country Spare Ribs 14 1/2c, Choice Country Back Bones 8 1/2c, Choice Country Side Pork 15 1/2c, Choice Calf Heart 8 1/2c, Choice Pork Liver 7 1/2c, Choice Country Pork Sausage 17 1/2c, Choice California Ham 17 1/2c, 3-lb. pack Swift's Lard 35c. Fruit Department: 3 size 30 Grape Fruits 25c, Fancy Oranges, per dozen 35c, Fancy Babanans, per dozen 35c. Grocery Department: 10 bars P. & G. or Swift's White Naphtha Soap 45c, 10 lbs. pure white Granulated Sugar 57c, 1 peck fancy Brown Beauty Potatoes 38c, 1 lb. Iola Creamery Butter 32c, 1 lb. Brookfield or Sweet Clover best Creamery Butter 36c, 24 lbs. Polar Bear Flour \$1.07, 24 lbs. good Hard Wheat Flour 84c, No. 2 1/2 can Quail Brand extra heavy syrup, fancy sliced Pineapple, Peaches or Apricots, regular value 29c, No. 2 1/2 can heavy syrup, Hale's Leader fancy sliced Pineapple, Peaches or Apricots 25c, No. 2 1/2 can Lye Hominy 10c, No. 3 can small whole fancy Beans 20c, No. 2 can fancy cut String Beans, 2 for 25c, No. 2 can Brown Beauty Beans, 2 for 25c, No. 2 1/2 can fancy Pumpkin, 2 for 25c, No. 2 can early June Peas 11c, Large can Campbell's Pork and Beans 11c, 1 can Old Dutch Cleanser 10c, 10 lbs. small Navy Beans 59c, Large bottle Catsup 23c, 1 lb. White House Coffee 39c, 3 lbs. Monarch Coffee 94c. LARD, COMPOUND, COOKING OIL: Swift's Jewel Compound, large size \$1.15, Swift's Jewel Compound, medium size 58c, Swift's Pure Lard, 10 lbs. net \$1.49, Swift's Pure Lard, 5 lbs. net 79c, 1/2 gallon Wesson Oil \$1.10, 1/2 gallon Mazola Oil \$1.13. DRIED FRUITS: Peaches, per lb. 16c, Prunes, per lb. 18c, Sun Maid Raisins, per lb. 19c, GALLON CAN FRUITS: Peaches, per can 57c, Blackberries, per can 86c, Apricots, per can 69c, Pineapple, per can 66c, Logberries, per can 98c, Red or Black Raspberries, can per can 88c, No. 3 1/2 can Fruits: Apricots, Peaches, Pineapple, Pears 29c, Per dozen cans \$3.35.

OSAGE Grocery and Market

Phones Osage 2080-7828 107 East First Street. HOME DRESSED Fat Hens, per lb. 28c. POULTRY Frying Chickens, per lb. 35c.

Extra Special on Beef Cuts Beginning Today

As to Quality—You Be the Judge. Shoulder Roast of Beef, 3 lbs. 25c, Choice Pot Roast of Beef, 3 lbs. 25c, Shoulder Steak, 3 lbs. 25c, Choice Short Ribs of Beef, 3 lbs. 25c, Best Brisket Boiling Beef, 4 lbs. 14c, Pork Shoulder Roast 17 1/2c, Pork Chops 14c, Fresh Spare Ribs 14c, Pure Pork Sausage 20c, Veal Shoulder Roast 10c, Veal Breast 7 1/2c, Choice Veal Chops 15c, Genuine Shoulder of Lamb 12 1/2c, Lamb Breast for stewing 7 1/2c, Blue-Ribbon Margarine, colored 28c, Gem Nut Margarine, plain 22c, Gem Nut Margarine, colored 32c, Good Creamery Butter 34c, Best Breakfast Bacon, sliced, 1 lb. pkg. 22c, Smoked Bacon 16c, Bacon Squares 16c, Swift's Plonic Ham 18c. LARD, COMPOUND, COOKING OIL: Swift's Jewel Compound, large size \$1.15, Swift's Jewel Compound, medium size 58c, Swift's Pure Lard, 10 lbs. net \$1.49, Swift's Pure Lard, 5 lbs. net 79c, 1/2 gallon Wesson Oil \$1.10, 1/2 gallon Mazola Oil \$1.13. Solid Car Load Flour: 24 lbs. Magnolia \$85c, 48 lbs. Magnolia \$1.65, 98 lbs. Magnolia \$3.30, 24 lbs. W. Star \$95c, 48 lbs. W. Star \$1.85, 98 lbs. W. Star \$3.65. Large can California Peaches, in syrup 21c, Best quality heavy syrup pack Hale's Leader Peaches, 27c, Apricots and Pineapple 27c. Solid Carload Potatoes: Come and get all you want. Peck \$38c, 100 lbs. \$2.35. Good Pie Blackberries 19c, 2 pounds Good Prunes 25c, 2 tall cans Salmon 25c, 8-oz. jar Jelly, any flavor 26c, 16-oz. tall jar Jelly (These are pure fruit) 39c, 44-oz. quart Jar Jelly 59c, 1 lb. H. L. Coffee 34c, 1 lb. Polar Bear Coffee 38c, 1 lb. Steel Cut Peaberry 29c, Golden Gate Coffee 47c.

XCHANGEBIGGEST VALUE GIVING STORE IN TULSA

Quality Beef: Prime Rib Roast, per lb. 18c, Rump Roast, per lb. 18c, Round or Swiss Steak, per lb. 22c, Sirloin Steak, per lb. 25c, T-bone Steak, per lb. 28c, Porterhouse Steak, per lb. 28c. Genuine Spring Lamb: Leg of Lamb, lb. 28c, Rib Chops, 28c, Loin Chops, 28c, Whole Shoulder, per lb. 15c, Little Fresh Legs of Pork, per lb. 23c, Little Pig Pork, Loin, per lb. 20c, Fresh Side Pork, per lb. 15c. Veal: Leg of Veal for roasting, whole or half, per lb. 20c, Veal Stew, per lb. 5c, Veal Shoulder Roast, per lb. 12 1/2c, Veal Chops, 15c, Fresh Ground Veal, very suitable for Veal Loaf or Veal Croquettes, per lb. 20c. Lard: 10-lb. bucket Home Rendered Lard \$1.35, 4-lb. buckets Home Rendered Lard 70c, 50-lb. can Home Rendered Lard \$6.00, 8-lb. bucket Compound \$1.14, 45-lb. can Compound \$5.40, 10-lb. drum Compound \$13.20, Sugar Cured Breakfast Bacon, 10 and 12-lb. average, per lb. 19c, Light Weight First Grade Breakfast Bacon, per lb. 28c, Good Smoked Bacon, per lb. 16c. Grocery Specials: 100 lbs. Best Primary Sugar \$5.65, 10 lbs. Best Primary serving Sugar 57c, 10 bars P. & G. Soap 52c, White Potatoes \$2.60, 1 peck Fancy White Potatoes 39c, 1 dozen Fresh Country Eggs 39c, 1 package Jello 10c, 1 Swansdown Flour 39c, 1 15-lb. sack Meal 19c, No. 2 Corn, each 10c, No. 2 Tomatoes, each 12c, Imported French Peas at 22c. DRIED FRUITS: Peaches, per lb. 16c, Prunes, per lb. 18c, Sun Maid Raisins, per lb. 19c, GALLON CAN FRUITS: Peaches, per can 57c, Blackberries, per can 86c, Apricots, per can 69c, Pineapple, per can 66c, Logberries, per can 98c, Red or Black Raspberries, can per can 88c, No. 3 1/2 can Fruits: Apricots, Peaches, Pineapple, Pears 29c, Per dozen cans \$3.35.

If You Want the Best Creamery Butter Ask for "Armour's Clover Bloom" The Peoples Exchange Tulsa, Oklahoma. 111-113 E. First