

Answered Letters

By EDNA KENT FORBES

A CONSTANT HEADACHE—A tight scalp means poor circulation, consequently a starved condition of the hair. You can remedy this easily by massaging the scalp with the tips of the fingers, or by treatment with the use of the vibrator. You can give yourself these treatments at home in either case. If you massage the scalp, do it vigorously, all the while trying to loosen the muscles from the bony part of the head. Do this every day until the head tingles from the activity. Rubbing the hair will also help the circulation.

A Reader—These fatty pores you find increasing must come from some internal disturbance. Possibly you have an impacted colon or a sluggish liver. Drink water abundantly between meals, several quarts a day, and also make sure that your digestion is perfect. You can relieve the condition also by using an astringent every night, after cleansing the face by applying a weak solution of alum or a solution of boracic acid.

CAN NOW DO A BIG DAY'S WORK

After Taking Tanlac Sampson Says He Can Do as Big Day's Work as Ever.

"My health was so poor I looked like I wouldn't be able to plant a crop, but after taking Tanlac I can do as big a day's work as I ever could," said A. D. Sampson, a well known farmer of Moray, Kan. "I was just about laid out altogether, and I had tried all sorts of medicines but nothing helped me. My stomach was so bad I could never get to eat much of anything and what I did force down seemed to do me more harm than good. My hair was all through my system and at times I had pains all over my body. I was badly constipated, felt listless and had a mean headache in my mouth nearly all the time. I was subject to terrible headaches and at times was so dizzy I would almost fall right in my tracks. I was too nervous to sleep well, and felt so weak and listless all day long that I was just able to get around the house. "A little more than two months ago I started taking Tanlac and it has put me back in fine shape feeling like my old self again. I have a working good appetite now and can do anything I ever could without a touch of indigestion. I am not constipated now, and am never troubled with headaches or other ills. My stomach has all been driven out of my system and I never feel listless or have that mean headache in my mouth. I feel well, strong and healthy like a man ought to feel. This is what Tanlac has done for me and I don't mind telling people about it."

Tanlac is sold in El Paso by Cordell Drug Co., in Ft. Hancock by Ft. Hancock General Store, and in Fabens by Fabens Drug Co.—Adv.

SAY "DIAMOND DYES" Don't streak or ruin your material in a poor dye. Limit on "Diamond Dyes." Easy directions in every package.

GIRLS! LEMONS BLEACH; WHITEN Make Lemon Lotion to Double Beauty of Your Skin. Squash the juice of two lemons into a bottle containing three ounces of Orsader's White which can be had at any drug store, shake well and you have a quarter pint of harmless and delightful lemon bleach for few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day, then shortly note the beauty of your skin. Famous stage beauties use lemon juice to bleach and bring that soft, clear, rosy white complexion. Lemons have always been used as a friction, scrubber and tan remover. Make this up and try it—Adv.

20c or 25c TABLETS FOR ALL Pain Headaches Neuralgias Colds and La Grippe Women's Aches and Pains—Ask your Druggist for A-K Tablets.

PHONE US "Phone Us" Three Four Ate—347-545

Appetite plus a phone plus the Elite equals satisfaction—Some combination—Try it—Candy and ice cream of the finest quality instantly delivered.

BRICK CREAM Chocolate Vanilla Strawberry Maple Nut Marshmallow Nut BULK CREAM Neapolitan Tarti Fruit Nougat Pecan Pudding Banana Molasses CHOCOLATES Orange Apricot Pineapple THE Elite CONFECTIONERY CO

stant craving for food indicates indigestion. You can help this by dieting, but must relieve the distress by soothing the stomach whenever it gets that gnawing condition. Try drinking water, which may be all that the stomach requires to quiet it. If that does not do it, nibble a hard cracker, taking a long time to dissolve it. This method will disperse the flow of saliva in the mouth and the stomach will begin to act on the cracker as if it were a meal. Eat less each meal than formerly, and watch your condition; if you do not improve as fast as you desire, consult your doctor.

M. C.—You are a blonde and a description of you would be "a blonde with brown eyes." The shade of the hair and tint of the skin decide the type more than the color of the eyes. Your hair is a light brown with a suggestion of gray to it, a shade usually found with a blonde who has blue eyes.

L. J. S.—Red vaseline will make the eyebrows grow. It is rubbed into the roots on the tips of the brows. Care should be used not to have it get beyond the line desired for the brows, or the hair will grow where it is not wanted.

A Man—It seems to be in the nature of some hair to back the sort of hair that does this is generally very fine and poorly nourished. You say your scalp is perfectly healthy, but I doubt if the hair of that description is improved if the scalp is invigorated by massaging it well or having the vibrator used on it three times a week.

All inquiries addressed to Miss Forbes in care of the "Beauty Chat" department will be answered in these columns in their own way. This requires considerable time, however, owing to the great number received, so if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question.—The Editor.

Questions and Answers.

Q. What is meant by preferential voting, C. A. W.

A. This is a system of voting, as at primaries, in which voters are allowed to indicate their preference, usually first and second choice, so that if no candidate for the office receives a majority of first choices, the one receiving the greatest number of first and second choices may be chosen.

Q. What woods should be used to make posts on the farm, H. O. P.

A. Almost any of the hard woods including cedar and locust, if properly treated, may be used for making posts.

Q. Please give me a recipe for a preservative for fishing line, A. L. F.

A. Boiled linseed oil, two parts and one part good size of painter's glue. Apply with a piece of flannel, expose to air and dry. After painting line a few times, it should have another coat. Repeat application occasionally.

Q. Are ball-bearings used on railroad locomotives? W. A. R.

A. The bureau of standards says that ball bearings have never been employed on locomotives or railroad cars. This type of bearing is best suited to comparatively light loads and therefore would be entirely unsuited to the heavy stresses to which the working parts of railroad rolling stock are subjected.

Q. Is the Joan of Arc that has lately been related, the one that was killed in 1412, E. J. F.

A. The Joan of Arc who has been commemorated lately by the Catholic church is the Joan of Arc who was burned at the stake in 1412. She is now known as St. Joan. This is the only Joan of Arc of whom we find a record.

Q. When was Frank James in prison? F. M. C.

A. After Jesse James' death, Frank surrendered and was held in jail in Missouri awaiting trial for more than a year. He was never convicted of any charge, however, and spent the last 2 years of his life as a farmer.

Q. Why does Venice have floods of water? T. T. H.

A. Venice is built upon islands which served as refuge for inhabitants of neighboring cities during attacks by barbarians. Its strategic advantage was so great that many fugitives remained and the lagoons which separated the islands were the natural result. These islands were formed from the silt and debris brought down by rivers and the soil is so oozy mud that makes building difficult. Roadbeds would be extremely difficult to make, while canals are obviously easy to construct and maintain.

Q. What city is known as the Gibraltar of America? S. E.

A. This name is often applied to Quebec, on account of its position and strong fortifications.

Q. Please tell me how Wallace Natting started to make his pictures? A. R. D.

A. Mr. Natting was a minister and became interested in photographic work while taking a summer vacation on a farm. His work so successful in taking artistic pictures.

which he afterward fitted, that he has made this work a profession. Q. What is the largest steer known? F. H. A. What is claimed to be the biggest steer in the world is a 3,500 pound Shorthorn in Ontario, named Sir Douglas Haig. Q. How far is it across the United States? D. B. A. The distance varies from 2,193 miles to 2,871 miles. Q. When did our income tax go into effect, and what were the exemptions allowed for married and single persons? G. V. A. The first income tax law under

the constitutional amendment went into effect March 1, 1913. The exemption then allowed for married persons \$1,000 and single persons, \$2,000. (Any reader can get the answer to any question by writing The Herald Information Bureau, Frederick J. Haskin, Director, Washington, D. C.) This bureau cannot give advice on legal, medical and financial matters. It does not attempt to settle domestic troubles, nor to undertake exhaustive research on any subject. Write your question plainly and briefly. Give full name and address and enclose two cents in stamps for return postage. All replies are sent direct to the inquirer.

DAMAGING CHINESE FLOODS Nanchang, Kiangsi Province, China, Sept. 21.—Floods, said to be worse than any recorded in the past 20 years in the district north of Nanchang, are reported to be subsiding after having devastated a wide area. People of the districts flooded were on the verge of starvation. The district that has suffered most extends northward from Nanchang along the east bank of the Kan river to Poyang lake. At one time the streets of Nanchang were under water. It is estimated that about 150 persons lost their lives in the floods.

King's CHOCOLATES for American Queens. Illustration of a woman sitting at a table with a child, and boxes of chocolates.

El Paso is Calling You. Illustration of a man in a suit, and a check for \$457.89.

Answering The Call. El Paso's coming International Exposition depends on the united effort of El Pasoans to make it a success. By answering the call to buy season tickets you will do your share. There is another call which intimately concerns your welfare. It is the call for judicious spending and consistent saving. On your answer to this call depends your ability to grasp those opportunities that lead on to fortune. Deposit regularly a portion of your earnings in "Everybody's Bank." Then you will be ready to answer the call. Let Us Be Your Banker. BORDER NATIONAL BANK Everybody's Bank Stanton and Texas Streets.

QUIT TOBACCO So easy to drop Cigarette, Cigar, or Chewing habit. No-To-Bar has helped thousands to break the costly, nerve-shattering tobacco habit. Old Folks Need Blood-Iron Phosphate Often Makes Them Look and Feel Twenty Years Younger. Young, strong and vigorous at seventy would be the rule and not the exception if you only kept your nerves strong and your blood rich in iron.

Can you sleep in a strange bed. Illustration of a bedroom with two beds, a chair, and a table. The "TUDOR" Design 1903—in Twin Pair.

Can you sleep in a strange bed. YOU know the relief at getting back home after trying to sleep in someone's guest-room bed. Your own bed "fits" you, while the strange one does not! Neither of them built for sleep. You may grow used to the whims and cranks of your own bed—but you can never perfectly relax until you find a bed built for sleep. She will welcome the Twin Beds. A separate bed for each sleeper—in her own room, the guest room and the children's room. She will welcome the exquisite Simmons designs—so authentic and in harmony with her ideals of dainty furnishing. The "TUDOR" Design 1903—in Twin Pair. Inspired by the work of the master designers in the reign of Queen Elizabeth—Simmons new Square Steel Tubing; seamless, smooth, beautifully enameled in the accepted decorative colors—Simmons patented pressed steel noiseless Corner Locks. Easy rolling casters.—Your choice of Twin Pair and Double Width. Specially pleasing in Twin Pair. If your dealer does not show you the Simmons line, you need only write to us. We will see that they are shown to you. Free Booklets on Sleep!—Write us for "What Leading Medical Journals and Health Magazines Say About Separate Beds and Sound Sleep"—and "Yours for a Perfect Night's Rest."

SIMMONS COMPANY ELIZABETH ATLANTA KENOSHA SAN FRANCISCO MONTREAL (Executive Offices: Kenosha, Wis.) SIMMONS BEDS Built for Sleep

SAGE TEA KEEPS YOUR HAIR DARK. It's Grandmother's recipe to bring back color, softness and luster. Everybody is using it again. Gray hair, however handsome, denotes advancing age. We know the advantages of a youthful appearance. Your hair is your charm. It makes many a woman's face, when faded, large and looks wrinkled, just a few applications of Sage Tea and restores its appearance a hundred-fold.

Teamster's Life Saved. Writes a Letter That Is Worth Reading Very Carefully. Peterson Ointment Co., Inc., Buffalo, N. Y. I was afflicted with a very severe sore on my leg for years. I am a teamster. I tried all medicines and salves, but without success. I tried doctors, but they failed to cure me. I couldn't sleep for many nights from pain. Doctors said I would not live for more than two years. Finally Peterson's Ointment was recommended to me and by its use the sore was entirely healed in a few days. William Haase, West Park, Ohio, March 21, 1915, care P. O. Box 120. "Peterson's" is a great relief to the above letter and has hundreds of others that tell of wonderful cures at Kenosha, Wis. and other places in America that won't praise it. Mail orders filled by Peterson Ointment Co., Inc., Buffalo, N. Y. Cordell Drug Co. or Scott-White & Co. will supply you—Adv.

A Square Meal and A Square Deal. Here's a square deal for the people who can't eat a square meal without after pain and distress today and get a 50 cent box of MI-O-NA Tablets. The great prescription for indigestion and stomach troubles. Take one or if your suffering is intense, two tablets with or after meals and at the end of ten days if you can't eat a square meal without distress go and get your money back. That's where the square deal comes in. But MI-O-NA is really a stomach whisperer of great merit. The quick and positive action of MI-O-NA on the stomach in case of gas, waterbreath, sour stomach and heartburn is worth a lot of money to any sufferer. Why not try MI-O-NA—at drug-stores everywhere.

HYOMEI. Ends dandruff or money back. Just breathe it in. Ointment included. Extra bottles at all druggists. BEAR OIL FOR HAIR AN INDIAN'S SECRET. One of the most important of health secrets is the use of bear oil. It is the only hair preparation that has been shown to be really effective. It is the only hair preparation that has been shown to be really effective. It is the only hair preparation that has been shown to be really effective.