

Woman's Page

Dorothy Dix Talks

STAND ON YOUR OWN FEET

By DOROTHY DIX, The World's Highest Paid Woman Writer

The one greatest source of happiness in the world is independence. There is no other thrill that ever animates the human breast that is so completely soul satisfying as the feeling that one is adequate to cope with one's destiny, and that one has the strength to stand alone.

The bread of dependence is bitter, no matter how freely it is given. We are never at home in another's house, we are never welcome to it ever so cordial. When all is said, the clinging vine is nothing but a poor, floppy, weak, spineless parasite for which we all have a secret contempt, because it only lives by hanging on to something stronger and with more backbone than it has itself.

People who are dependent are invariably miserable, discontented and dissatisfied because their knowledge of their dependence robs them of self respect. Worse still, dependence develops in people a host of the most contemptible devices. They become flatterers, flatterers and lickspittles, servile puppets of the hand that feeds and clothes them.

All of the sturdier virtues have their root in independence. It is only those who can look the world in the face, secure of their ability to fight it and take what they want from it with their own good right hand, who do not have to lie or steal, or get the things they need by devious ways.

So interwoven with our well being, temporarily and spiritually, is independence that the first duty of parents is to teach their children to stand on their own feet, metaphorically as well as physically. Strangely enough this is a duty that most fathers and mothers absolutely neglect, and stranger still they neglect it through love.

Their parental passion makes them selfish. It is so sweet to them to feel that their children look to them to supply every want, and depend upon them for their every need, that they cannot deny themselves the pleasure of playing Providence to them.

They never give their children any money for whose spending they are responsible. They never let their children pick out their clothes. They never permit their children to go into any enterprise on their own account. They never let them take any authority or any risk of their own judgment. Father and mother pull all the strings, and the children are just marionettes that dance to their parents' whims.

All of us know men who have been so completely managed by their fathers that when they are middle aged they are still in mind and character, nothing but little boys. We all know maiden ladies fifty years old who have been so dominated by their mother that they have never even bought a pocket handkerchief without mother's advice and assistance, and who still have to ask mother's permission to go down town, or have a second cup of tea.

In keeping their children dependent on them these parents do not realize what a cruel thing they have done, and how they have robbed their boys and girls of initiative, and suppressed their originality, and made them the sport of chance. For in the end the parents must die, and then these old children are left helpless, with nobody to guide them.

The first thing that should be taught every girl and boy is not to depend on any human being but themselves. They should be taught to do things for themselves; to rely on their own judgment; to fight their own battles, and if they fail to learn from that experience how to do a thing the next time they will not fail.

Every girl and boy should be taught how to make a living, because when you bring it down to its last analysis, independence is mostly money in our pockets. Nobody is free who does not know where the next meal is coming from, and the fear of hunger and want is the beginning of crime.

Teach boys and girls to stand on their own feet and make their own living and you have taken from their pathway the sinister devil that so often drives them into wrongdoing. It is the boy who is a weakling, who cannot stand alone, who becomes a gangster and a criminal. It is the poor, clinging vine girl who has never been taught independence who trails in the mud of the street.

And if it is important for the young to stand on their own feet, it is no less necessary to the happiness of the old. Of all heart breaking spectacles on earth, none is so pitiful as dependent age, even when it is dependent on those who are bound to it by natural ties, and who are willing to honor them.

Often the tragedy of dependent old age is inevitable, but in many cases it could be prevented if people would

only use ordinary common sense and prudence.

If men and women would only realize how necessary is a financial crutch when their own feet become tottery, they would deny themselves the foolish extravagances in which they indulge in order that they might have an independent old age. And if they were not insane they would never permit their grafting children to get their money out of them while they were alive, for father and mother with a pocket book and father and mother empty handed have quite a different status in the world, especially with their in-laws.

Nor would men and women who are still able to work give up their jobs to go and live with their children and be dependent, if they could foresee the humiliation and bitterness of spirit in which they would pass their days. They would stand on their own feet until they sunk into the grave.

For there is no happiness without independence, and sweeter is the crust we have made with our own hands than the cake that is handed out to us in charity.

COLDS INTERFERE WITH BUSINESS

Dr. King's New Discovery relieves them and keeps you going on the job.

Fifty continuous years of almost unending checking and relieving coughs, colds and kindred sufferings is the proud achievement of Dr. King's New Discovery.

Grandparents, fathers, mothers, the kiddies—all have used and are using it as the safest, surest, most pleasant to take remedy they know of.

Sold by all druggists everywhere, 60c and \$1.20.

Keep Bowels On Schedule

Late, retarded functioning throws the whole day's duties out of gear. Keep the system cleansed, the appetite lively, the stomach staunch with Dr. King's New Life Pills. Mild and tonic in action. Sold everywhere, 25c.

Advertisement.

PRESENT DAY DESSERTS

These recipes from the United States food administration are sugar saving and very good.

Junket.
 3 cups milk
 ¼ cup light sirup or honey
 1 teaspoon vanilla
 1 junket tablet
 1 tablespoon cold water
 Heat milk and sirup in a double boiler until lukewarm. Crush the junket tablet and dissolve it in cold water and add to milk. Add vanilla and stir thoroughly and quietly. Pour at once into glass serving dishes and let stand undisturbed until firm, then chill. Serve with fresh berries or grate nutmeg over surface and serve with cream.

Baked Indian Pudding.
 1 quart milk
 1 cup cornmeal
 1 teaspoon salt
 ½ cup light sirup
 ¼ cup shredded coconut
 ¼ teaspoon mace or nutmeg
 ¼ teaspoon cinnamon
 Heat the milk to the boiling point. Add cornmeal, stirring constantly. Cook 10 to 15 minutes. Add other ingredients. Bake in an oiled pan in a moderately warm oven for one hour.

Chocolate Cornstarch Pudding.
 1 quart milk
 2 eggs (may be omitted)
 1 cup light sirup
 1-3 cup cornstarch
 1½ oz. chocolate (melted)
 1 teaspoon vanilla
 Heat milk in double boiler. Add melted chocolate and sirup. Moistens cornstarch with a little cold milk and add to hot mixture. Stir constantly until thick. Add slightly beaten eggs and vanilla; stir thoroughly; remove from heat. Turn into moulds and chill. If eggs are omitted cook a little longer to thicken. Omit chocolate if desired.

Plain Cake.
 ½ cup sugar
 ½ cup light sirup
 ½ cup fat
 2 eggs
 ¾ cup milk
 5 teaspoons baking powder
 1 teaspoon salt
 2 cups wheat flour
 ½ cup cornflour or ¼ cup barley flour.
 Beat sirup, sugar and fat together until very light. Add unbeaten eggs and beat into sirup and fat mixtures. Add milk and dry ingredients (which have been sifted together). Bake in moderate oven. This makes two large loaves or four layers. Spices, fruits or chocolates may be used to give added flavor.

Boiled Icing.
 2 egg whites
 ½ cup light sirup
 ¼ teaspoon extract
 Few grains salt.
 Beat sirup and allow to boil until it spins a long, heavy thread (230 deg. C. or 248 deg. F.) Do not allow sirup to brown. Pour over the stiff egg whites beating constantly. Beat until creamy or of light consistency, and when cold, spread over cake. As this filling does not harden, it may be served as marshmallow paste is served.

CHARGE SINGER LURED OFFICERS TO HUN SPY



MISS MARGARET O'SULLIVAN, HOBOKEN CABARET SINGER, AND F. WALTER LOEHMER, FORMER GERMAN OFFICER.

Miss O'Sullivan and Loehmer are under arrest in Hoboken on charges of having served intoxicants to men in uniform. Loehmer made a practice of entertaining naval officers at wine parties in his luxurious apartments. It was at one of these parties that a petty naval officer, while intoxicated, told the guests in the presence of Loehmer that the transport George Washington was to sail the next day. On the way over one of the convoys of the transport was torpedoed. Lieutenant Stevens, on duty at the Stevens Institute of Technology, who was present at the party became suspicious and informed the authorities.

First Passenger Train to Arrive In Seward, Alaska

ANCHORAGE, Alaska, Oct. 15.—(By Mail.)—Everybody in Seward, and a hundred miles south of here at the head of Resurrection bay, is getting ready to celebrate the arrival of the first passenger train from Anchorage on the Fairbanks government railroad, the first stretch of the route to Fairbanks to reach completion.

Seward is the "ocean end" of the new line. Work is going ahead on the road above Anchorage, which is near the upper arm of Cook inlet, and a below Fairbanks, the proposed terminus just over the Alaska range and north of the Tanana, a branch of the Yukon river. The two gangs of railroad builders are now 190 miles apart.

Much of the winter traffic from interior Alaska will probably come out over the line of the new road this winter despite the fact the steel is not connected, it is believed here. The commission has gangs of men at work marking a winter trail between the two ends of the roads. Trains will probably be operated from Fairbanks and Anchorage to the ends of the steel rails all winter. Travelers will "mush" the intervening distance on foot.

Emperor Holding Court Within the Republic of China

PEKING, Oct. 1.—(By Mail.)—China furnishes the anomaly of an emperor holding court within a republic and functioning with the aid of the republican machinery. The little Emperor Hsuan Tung who was placed on the dragon throne of his ancestors last year lives in the forbidden city amid old time ceremonial and receives royal honors from those around him and even from republican representatives on the stated occasions when they visit him or other members of the imperial family.

Check and Abort a Bad Cold

In Five Hours With MENTHO-LAXENE.

You Buy It Concentrated and Mix With Pint of Syrup.

Doubtless every reader recalls having neglected a slight cold until in 24 hours it settled into "Bad Cold" and then about 72 hours of distress, discomfort, if not weeks of bronchitis or pneumonia or catarrh. Now confess, if you have had such an experience, and take time by the forelock by preparing to check and abort colds, coughs, catarrh, difficult breathing, watering eyes and painful headaches.

It can be done, by taking Mentho-Laxene either in its raw state—ten drops to the dose—or by making a granulated sugar syrup and mixing in a pint bottle or jar. A pint will last a whole family for a long time and keeps every member free from the distressing after-effects of a bad cold. Mentho-Laxene is guaranteed to please or money back by The Blackburn Products Co., Dayton, Ohio, and any well stocked drugstore can supply you. Don't take a substitute. There is really nothing to compare with Mentho-Laxene.—Advertisement.

What is Wrong With the Democratic Arithmetic?

A Democratic legislature---on request of the governor---appropriated \$25,000.00 on the promise that for this sum \$2,500,000 would be returned to the state treasury.

Utah taxpayers have paid the \$25,000. But, thus far, instead of a problem in multiplication, the Democrats have performed only a problem in subtraction.

The People's Money Less \$25,000 Leaves????

Of course, it was when they were still new in the school of State Administration that the Democrats set this problem for themselves. In their inexperience they were probably hasty in estimating their mathematical abilities.

That, perhaps, explains why they cast an insidious slur upon the honorable men who had preceded the Democratic party in office—why a servile legislature appropriated \$25,000 to be spent entirely at a Democratic governor's pleasure, and also why, after two years of fruitless search by paid agents, the Democrats have failed utterly and completely to return one dollar to the treasury which they so inexplicably drained.

It is indeed unfortunate that the Democrats were not successful, for had they secured even a part of the sum they so boastfully promised, they would have saved their administration the necessity of plunging the state so heavily in debt by borrowing more than \$900,000 during the first two years.

This and other things need explaining.

For Example

Why did the Democrats—through their governor—require undated resignations from every state appointee, except a few who had too much self-respect to give them?

Did the Democrats choose men who could not be trusted, in spite of their oaths of office and their bonds? Is the great state of Utah being administered by a set of men so incapable, or so likely to prove dishonest, that the degrading power of undated resignations must be held over them?

Or was it because the Democrats wished to have absolute control in every department, in spite of the fact that this is an American and not a German state.

By so doing, Democrats, you have degraded your own appointees and minimized whatever initiative they may have possessed.

We have suggested that, perhaps, your actions were due to inexperience. But there is perhaps a sounder explanation—DEMOCRATIC politics.

Democratic "Rule or Ruin"

Your party has convicted itself time and time again of selfish partisanship. The United States today stands out as the only allied power which has a single party instead of a coalition government, at a

Republicans of Utah, you have put up with an inefficient Democratic administration for two years---and it has proved two years too long. Prepare the way for a complete return to the splendid achievements of your party in the past by sending two able citizens to congress, by placing three of Utah's most eminent jurists on the supreme bench and by electing a legislature that will carry on the progressive policies for which you have always stood.

Rouse Republicans! It is your year to come into your own by an overwhelming victory November 5th.

REPUBLICAN STATE TICKET

W. H. WATTIS For Congressman, First Congressional District.

WILLIAM SPRY For Congressman, Second Congressional District.

J. E. FRICK, A. E. BOWEN, JAMES W. CHERRY, For Judges Supreme Court of Utah.

Republican State Committee

(Political Advertisement)

TESTS ABILITY OF PERSON TO SING

LOS ANGELES, Oct. 19.—A method of testing the ability of any person to sing, without seeing him or even hearing him, has been devised by

Theophilus Fitz of this city, recently director of music in the State Teachers' college of Colorado. This method, which Professor Fitz says is his "contribution to science," is based upon a series of measurements of the head cavities that he declares he has worked down to exact mathematics. He does not find it necessary to see, touch or hear the subject, as his work, which he terms "voice diagnosis," has become as definite to him as mathematics. All he asks is that certain

measurements of the head be taken correctly.

After learning these measurements and the sex of the subject, he makes his own calculation as to the size and shape of the head cavities and announces whether the subject, if a girl, is a soprano or contralto, and if a youth, whether he should sing the role of a basso or of a tenor robusto.

"Marie often sings soprano just because Susie does, although she ought to be singing contralto," says Professor Fitz. "And Bill insists upon sing-

ing base, because he thinks it is manly, when he really ought to be a tenor." Persons with round heads make the best singers, he says, because their head cavities are the most symmetrical; those with long heads come next and those with oval cranium rank last. "It is nonsense," he says, "for people to pass four or five years studying music to ascertain whether they can sing and if so, what part, when by this method, they can obtain such a decision immediately."