

LOVE and MARRIED LIFE by the noted author Idaho McGlone Gibson

HELEN DOESN'T UNDERSTAND Helen looked at me very curiously as she said, "I wish you joy in your undertaking... Why not?" I said, "Do you not think I am as clever a woman as she?"

Hum of Spinning Wheel Hhard Again in American Homes

MATHEMATICAL PROBLEM. If a woman can weave 20 yards of cloth in a week, and linen is eight dollars a yard, how much can a woman earn in a month?

NEW YORK, Aug. 24.—Here's a way to make the high cost of clothes fight the high cost of living. The arts of spinning and weaving are being revived by the Society for the Revival of Household Industries and Domestic Arts at 63 East 44th street, New York.

"Farmers' wives should get their spinning wheels and their spinning wheels were never higher," says William Jay Robinson, a member of the advisory board of the society.

Mrs. Agnes Murray, a farmer's wife of Landing, N. J., is one who is heeding this advice. Wind-blown she reached the rooms of the society in a state of enthusiasm.

SATISFACTORY SALARY. "Now I am ready to spin," emphasized Mrs. Murray. "Heretofore, my eight-year-old daughter must have an education and travel. My object is to earn money by teaching the shut-ins how to spin."

"A woman can weave from 20 to 25 yards of cloth in a week and earn a satisfactory salary when linens are selling at \$8 a yard. If she sows her own flax, as I have on our farm of three acres, she can earn more—that is by going through the whole circle of endeavor from the harvesting and bleaching the flax to the woven cloth as did our ancestors. I plan weaving all our own cloths, including my husband's new woollen suit."



The arts of spinning and weaving also may afford occupation and cure to countless shut-ins of hospitals, old people's homes, prisons and almshouses. Teachers are now penetrating backward places in search of old designs and patterns, and to bring spinning to the attention of farmers' wives and daughters far away from the centers of population in the Ozarks of Missouri, in the mountains of Kentucky, and beyond in the Colorado plains.

Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years.

What is CASTORIA? Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It contains neither Opium, Morphine nor other narcotic substance.

The Kind You Have Always Bought Bears the Signature of Chas. H. Fletcher's In Use For Over 30 Years

Thin People Need Phosphate Most In Hot Weather

APT to Take on Good Healthy Flesh Even on Sweltering Days if Pure Phosphate Is Taken With Meals

Druggists dispense Nitro-Phosphate because it is Real Organic Phosphate. Thin men and women, nervous and constantly out of sorts, who have nerve force, energy, ambition and power of endurance, are just the people who will find a helpful friend in Nitro-Phosphate.

BEDTIME STORIES BY HOWARD R. GARIS

UNCLE WIGGILY AND THE HANDKERCHIEF

Copyright, 1920, by McClude Newspaper Syndicate. (By Howard R. Garis.) "Don't go away anywhere, Uncle Wiggily," called Nurse Jane Fuzzy Wuzzy.

"Who are you?" asked Uncle Wiggily. "The dragon fly darning needle," was the answer. "If you let me take your torn handkerchief, I'll sew up the hole with cobweb thread."

"I'm fifty!" the head said, and banged the lid down again. "I wonder how old they are?" remarked Nick, thinking of his picture-book which showed a row of mummies from Egypt.

Rippling Rhymes By WALT MASON

THE EARTHQUAKE

The other evening, while I wandered beside a Cheap John inland lake, and on Dame Nature's beauties pondered the earth reared up and threw a quake. One moment everything was quiet, no leaves were trembling on the trees, the next there was the blamédied rattle, and I was jolted to my knees.

ADVENTURES OF THE TWINS BY OLIVE ROBERTS BARTON

Torty Turtle went to his kitchen to get his rent out of the old tea-pot on his mantel shelf, and left Mr. Tinsling, the fairy landlord, with his little friends Nancy and Nick in the big front hall where Torty's ancestors were.

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Sister Mary's Kitchen

(Copyright, 1920, N. E. A.) Dinner—Cream of corn soup, cold baked ham, creamed potatoes, head lettuce with the table is as follows: Dip the tomato into water. Put it on a fork. Hold tomato in the gas flame. The skin will burst in a minute.

MENU FOR TOMORROW. Breakfast—Berries, ham and eggs, toast, coffee. Luncheon—Tomato and cheese salad, bran bread and butter, frozen apricots, individual sponge cakes, tea.

EVERY FLOWER HAS A STORY ALL ITS OWN

THE PASSION FLOWER. The passion flower is symbolic of religious superstition. When the Spanish missionaries, following in the steps of the invaders of South America, discovered the gorgeous passion flower, they deemed it to be sent them as an aid in converting the natives to the Christian religion.

JUST FOLKS

By Edgar A. Guest. "Mother tells me now an' then I'm the easiest o' men, An' I'm dealin' with the lad I will never see the lad. That he does, an' I suppose Mother's right for Mother knows; But I'd hate to feel that I'm Here to scold him all the time, Little faults might spoil the day, So I look the other way.

USE KERR MASON CAPS

They make canning with Mason jars a pleasure. Easy to seal and easy to open—no tiresome twisting or forcing of the cap necessary. Patented sealing composition on the lid does away with rubber rings, and seals jar AIRTIGHT—no mould or spoilage. Cheaper to use than old style caps with rubber rings. The screw band is used many times each season—lasts for years—does not corrode; while the Lid, which you puncture to open the jar, costs about the same as rubber rings. Your dealer has KERR Mason Caps and extra Lids, or can get them from nearby jobber. Accept no substitute. Send for free recipe book. Address KERR GLASS MFG. CO. SAND SPRINGS, OKLA. Portland, Oregon. Los Angeles, Cal.

DOINGS OF THE DUFFS—He Could Tell Just How Much He Had.

